

WHAT IS A MENTOR?

I recommend that we **broaden the definition of what a mentor is**. While the traditional archetype of an older person taking a young recruit under her wing certainly applies, that is by no means the only model.

Mentors can be old or young, in your industry or out, able to meet regularly or only occasionally. They might take an active role in driving your career, or they might prefer you come to them when you have questions.

Whatever the set-up, **a mentor is someone with valuable experience who helps you make important career and life decisions.**