

How Do I Introduce High Adventure into Our Troop?

Tracey Kenney

tracey@boyerkenney.com



What Is High Adventure?

Multiple Days/Nights of EXTRAORDINARY activities aimed at older Scouts

- Involves more planning, preparation, training, and fundraising than regular Troop activities
- “The definition of High Adventure is broad”
- “It’s about being extreme”
- “Being pushed beyond your comfort zone”
- “High Adventure will up your outdoor and Scouting game”

WHY HIGH ADVENTURE

- Length offers immersion for team building, learning, and going places you can't get to over a weekend
- Learn new skills, from backcountry outdoor skills to pack-rafting, rock climbing, or long distance biking
- Reinforces Patrol Method, leadership, and Scouting tradition



More Why High Adventure

- Develop a deeper appreciation for the outdoors
- Retain older Scouts by offering exciting Scouting opportunity
- HAVE FUN!!!!



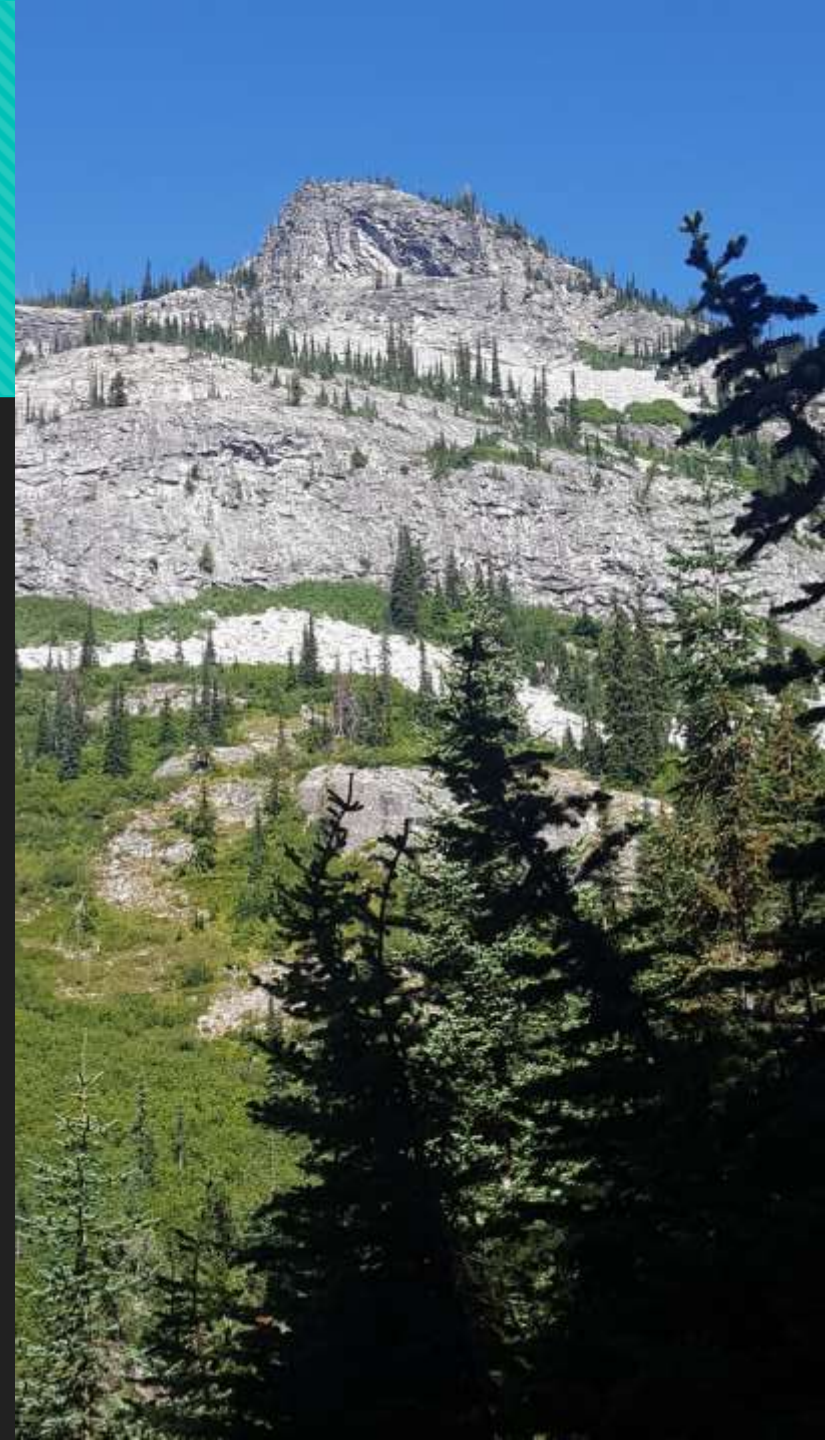


First Steps for High Adventure

- Are Scoutmasters on Board? Doesn't HAVE to attend outing, needs to support effort
- Is the Troop Committee ready to Support?
- Are Scouts Interested?
- Adult Volunteers? Need High Adventure coordinator to drive the effort; trip participants

First Steps for High Adventure

- Trained Adults: Scoutmaster/Assistant Scoutmaster, WFA, Youth Protection, leave no trace, physical preparedness are **a minimum.**
- Trained Scouts: first aid, physical preparedness, leave no trace, specific skills building for your trip as needed
- Get on a National Basecamp waitlist
- Think long term. This is a program to offer yearly



“I Was Prepared; I Was Trained”

Wilderness First Aid

Wilderness First Aid (WFA) is the assessment of and treatment given to an ill or injured person in a remote environment where definitive care by a physician and/or rapid transport is not readily available.

Sixteen hours of training; offered by Chief Seattle Council districts. Also available via Red Cross and/or Mountaineers



Scout Bling! Consider Earning This Award To Up Your Outdoor Skill

Outdoor Ethics Awareness Award

Boy Scouts and Scouters interested in learning more about outdoor ethics and Leave No Trace should begin by exploring the Outdoor Ethics Awareness Award. The requirements are as follows:

1. Recite from memory and explain the meaning of the Outdoor Code.
2. Watch the [National Park Service Leave No Trace video](#). [↗](#) It's on the right side of the page.
3. Complete the [Leave No Trace online youth course](#) [↗](#). Print the certificate.
4. Earn the [Tread Lightly! online course](#) [↗](#) certificate. Print the certificate when you are done.
5. Participate in an outdoor ethics course, workshop, or training activity facilitated by a person who has completed the BSA outdoor ethics orientation course or is a BSA outdoor ethics trainer or master.



Start High Adventure Off Right: Extra Expectations Are Noticed

Outdoor Practices

- Expect Outdoor Code/Leave No Trace Principles to be used and enforced
- Require appropriate gear/clothing
- Develop extra safety precautions: talk to Rangers, research trail conditions, “off trail” communication tree, think safety instead of fun; clear guidelines while on the trail
- Use Patrol Method in all aspects of developing your program



Three Choices for High Adventure

- National Basecamp
- Council sponsored program
- Troop sponsored program





National Camps – What Are They?



SBR

Prepared. For Life.™





Northern Tier



<http://www.ntier.org/>



Prepared. For Life.™



Sea Base

Adventures:

- Bahamas Tall Ship
- Bahamas Adventures
- Out Island
- Keys Tall Ship
- Coral Reef Sailing
- STEM Eco-Adventure
- FL Fishing
- SCUBA Adventure & Cert
- SCUBA Live Aboard
- FL Keys Adventure
- St Thomas



<http://www.bsaseabase.org/>

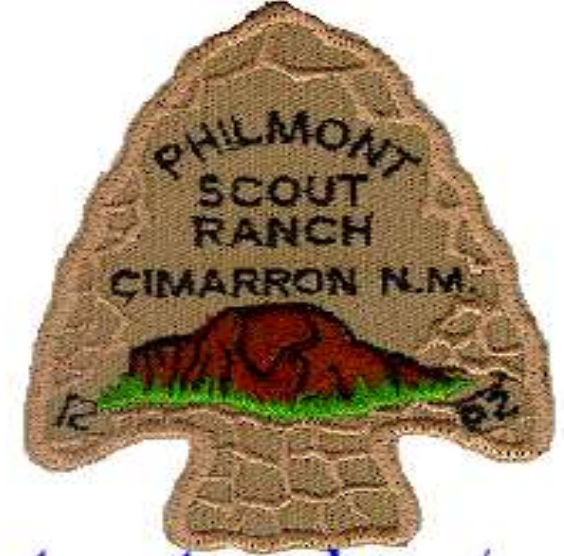


Prepared. For Life.™

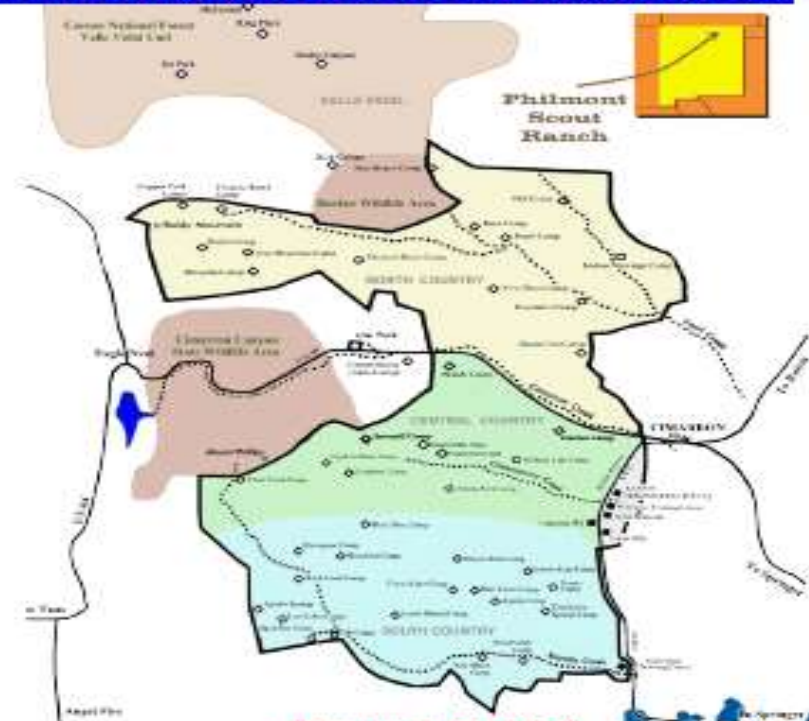


Philmont

- Hiking and Activities
- Summer Program
 - 7 and 12 Day Treks
- Fall and Winter Programs



<http://www.philmontscoutranch.org/>



Itinerary 21

Rugged

68 miles

Camping & Hiking Highlights

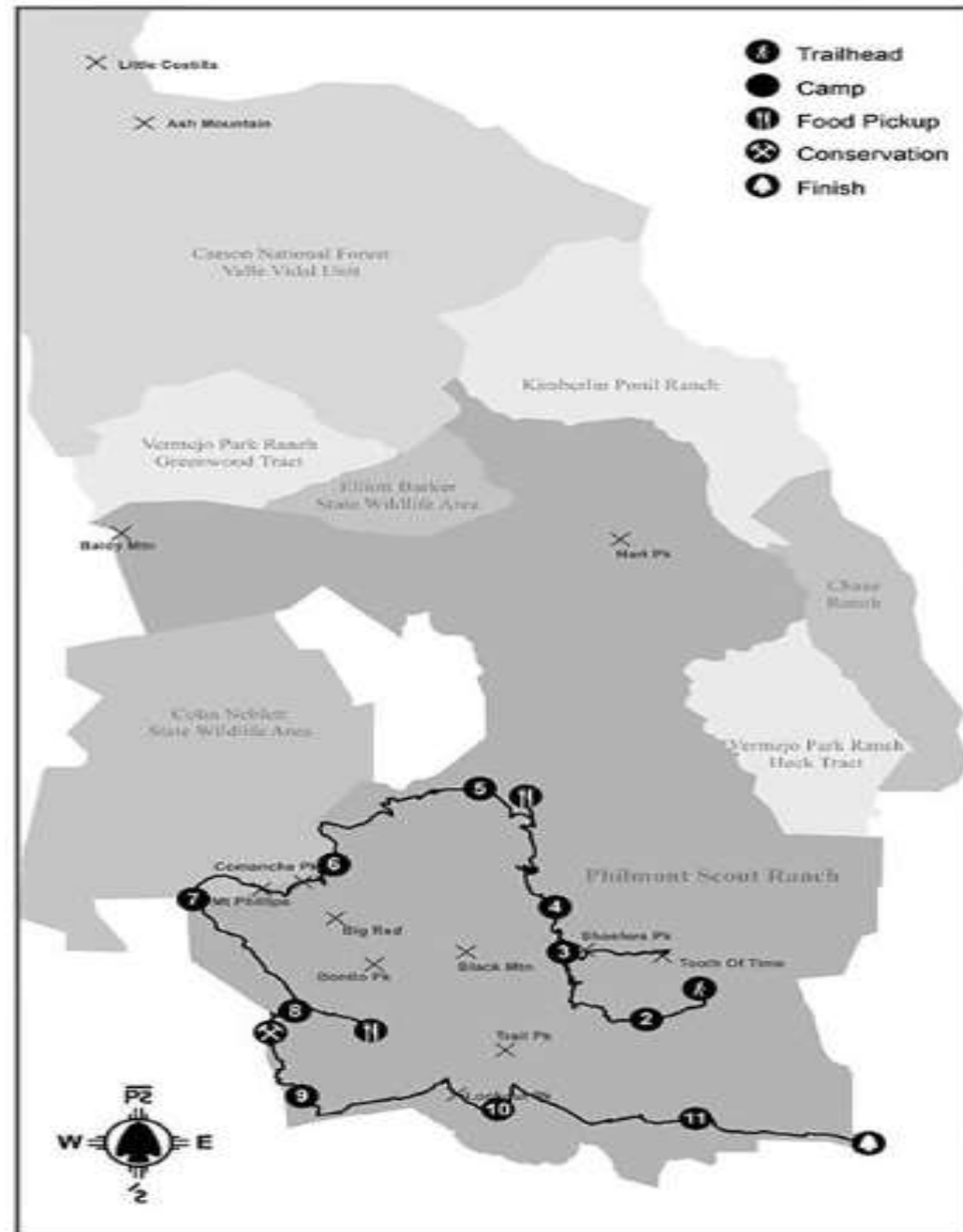
- Tooth of Time - 9,003 ft.
- Window Rock & Hidden Valley
- Mt. Phillips - 11,736 ft.
- Sunrise from Lookout Meadow

Program Highlights

- Rock Climbing & Rappelling
- Horse Rides
- .30-06 Rifle Shooting
- .50 Caliber Black Powder Rifles

Conservation Project

- Day 9 - Work site is on way to Apache Springs
- New Trail Construction



Shortcut to Waitlist



Chief Seattle Council: "Council Crews" CSC reserves 1 or 2 crew spots yearly. Get Etotem newsletter subscription to watch for announcement. Can get you to Philmont in 1 year versus 2



Summit Betchel Reserve

<http://www.summitbsa.org/>

- **Several Programs to challenge ages 13 (by Sept 1 of the year of the trek) on up.**
 - Mountain Biking
 - BMX Biking
 - Rock Climbing
 - Skatepark
 - Archery
 - Ropes / COPE course
 - Lakes for water activities
 - Whitewater Kayaking and Rafting
 - Shooting Sports
 - & 3200 foot Zip-line



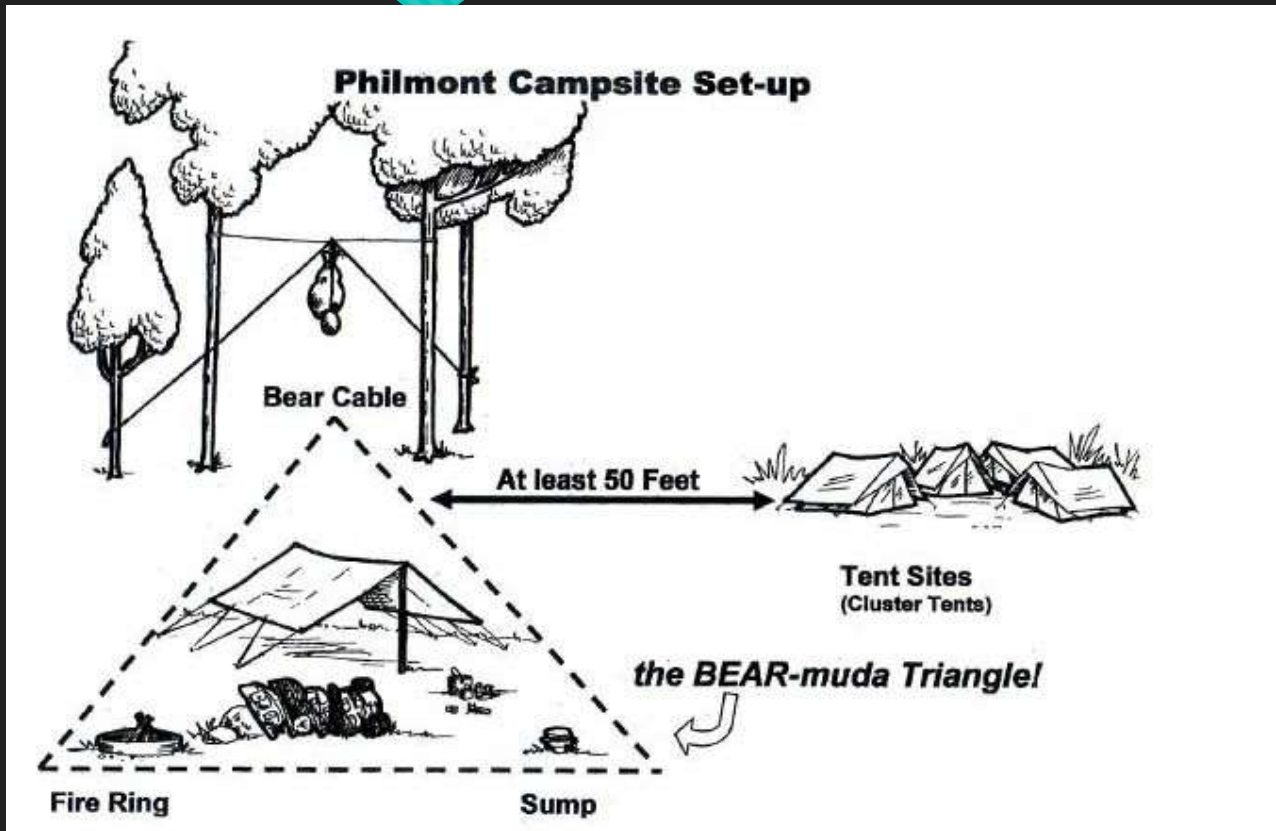
Prepared. For Life.™

National Basecamp Pro's



- Excellent programming
- Staff Support (Staff Teach You!)
- Outstanding outdoor settings
- Reduced logistics/planning (equipment and food provided!)
- Reinforced Scouting Traditions

National Basecamp Con's



- Travel costs can be considerable
- Basecamp fees around \$800 per person
- Minimum 10 days needed
- Minimum participant age
- Wait lists/process, 1 to 2 years

www.usscouts.org/ha/ha.asp

List of Council Sponsored Basecamps

HIGH ADVENTURE PROGRAMS AT LOCAL COUNCILS					
Prepared by the U.S. Scouting Service Project (http://usscouts.org) for Scout Leaders					
Adventure Program & Links	Map	City	State	Council	Region
Mount Hood Climb	Map	Timberline	Oregon	Cascade Pacific Council	Western
North Idaho High Adventure Base	Map	Coeur D'Alene	Idaho	Inland Northwest Council	Western
Northern Lights High Adventure Base	Map	Fairbanks	Alaska	Midnight Sun Council	Western
NW Grizzly Base	Map	Kasipell	Montana	Montana Council	Western
Odyssey	Map	Friday Harbor	Washington	Pacific Harbors Council	Western
Pacific Northwest High Adventure	Map	Seattle	Washington	Chief Seattle Council	Western

High Adventure Camps In Washington State

Camp Parsons

Chief Seattle Council, BSA

Where the Mountains Meet the Sea

For all information please go to www.seattlebsa.org

- Kayaking at Camp Parsons
- Sailing on the SSS Odyssey



SSSOdyssey.org

Council Sponsored High Adventure Camps PROS

- Reduced travel costs
- Excellent programming
- Staff Support
- May be no wait list
- Some equipment provided



Troop Sponsored High Adventure



- What are the choices and how do we start?

Troop Sponsored High Adventure PROS

- Cheapest option
- Least time required
- No waitlist
- You control the minimum age
- Abandon Trip if needed with less expense



Troop Sponsored High Adventure CONS

- Increased planning/training/preparation logistics as compared to attending National Basecamp or Council program



Backpacking, Canoeing, Biking Are 3 Popular Choices



Website Resources for Backpacking High Adventure

- <http://www.tkopekwise.org/gocamping/tripfinder>
- <http://www.willhiteweb.com/>
- <http://www.wta.org>

Backpack Selection Criteria

- Travel Time to Trailhead
- Elevation Gain
- Length
- Cache opportunities? Available on HOH, Stehekin. Nice!
- Dry camps
- Heat. It's a thing.

Backpack Selection Criteria

- Heartbeat Limits
- Snow Levels
- Permits...sometimes needed months in advance (Mt. Rainier/Wonderland)
- Some permits can be had day before your planned outing. Consider arriving day before to acquire permits

Backpacking Routes Researched/Hiked by Tracey Kenney for High Adventure



- Hoh River
- Waptus Lake/Pete Lake Loop
- Rainy Pass/Stehekin

Waptus River Trail #1310
Cooper River/Pete Lake Trail #
1323/1311

WAPTUS RIVER TO WAPTUS LAKE

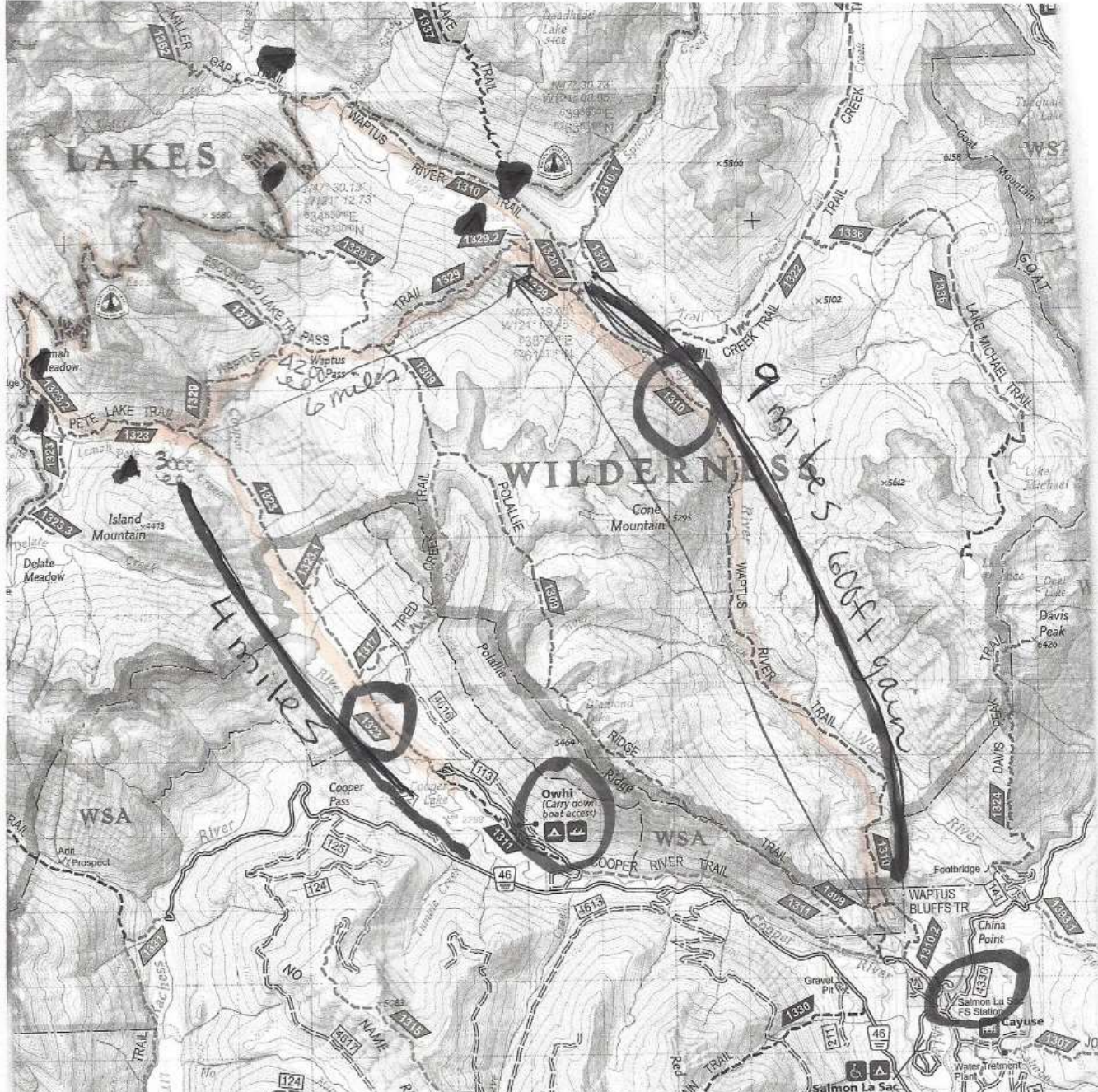
Okanogan-Wenatchee National Forest

Alpine Lakes Wilderness, Washington



Why Waptus Lake?

- Salmon Le Sac Area: Relatively Close
- Can do loop or backpack in/day hike combo
- Fishing!
- Easy first day hike in/less than 1,000 elevation gain
- Can do in the 20 - 30 mile range
- 1,000 – 3,500 elevation gain (sane)



LAKES

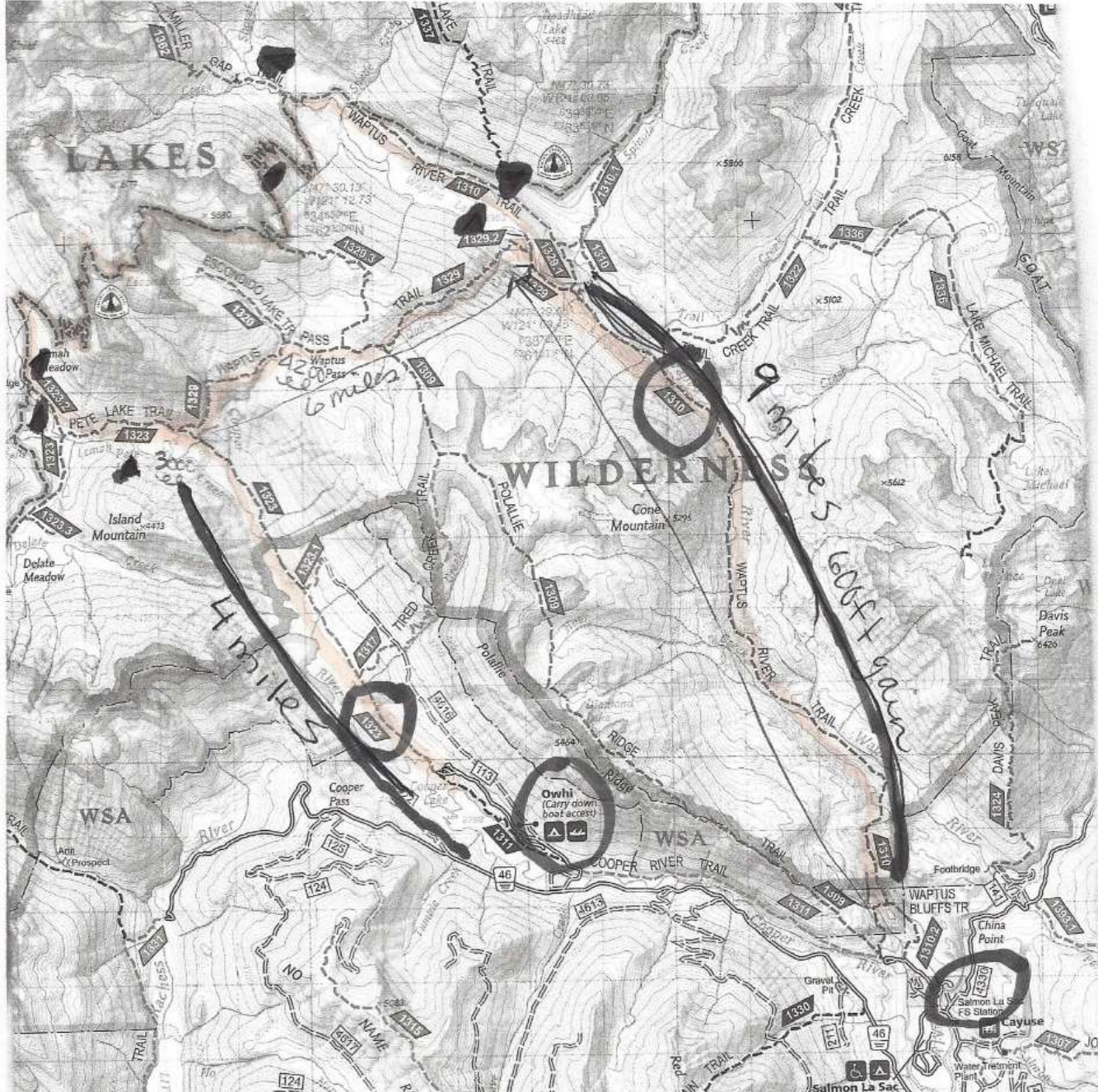
WILDERNESS

4 miles

6 miles

9 miles
600ft gain

Owlhi
(Carry down
boat access)



LAKES

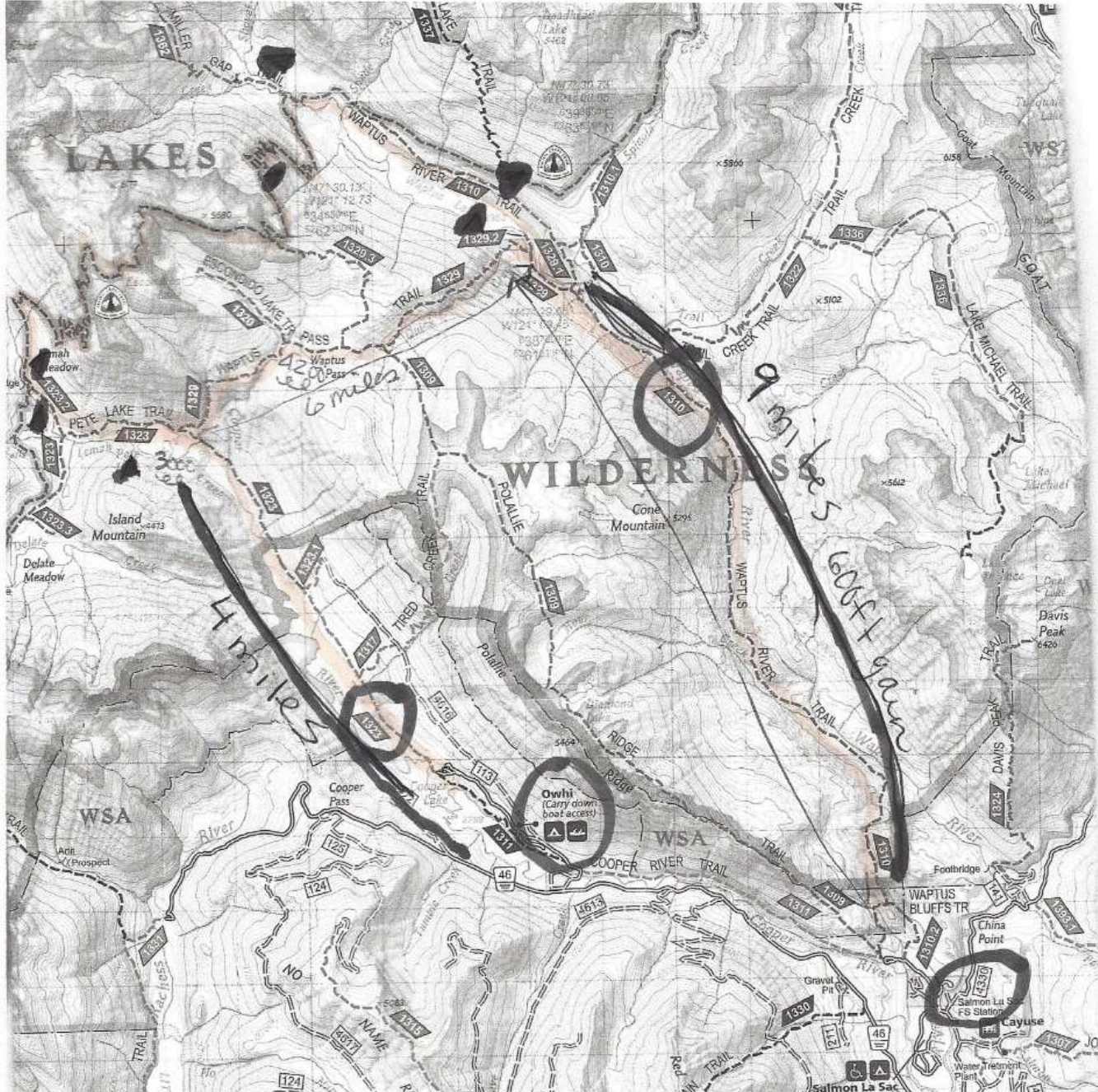
WILDERNESS

4 miles

6 miles

9 miles
600ft gain

Owlhi
(Carry down
boat access)



LAKES

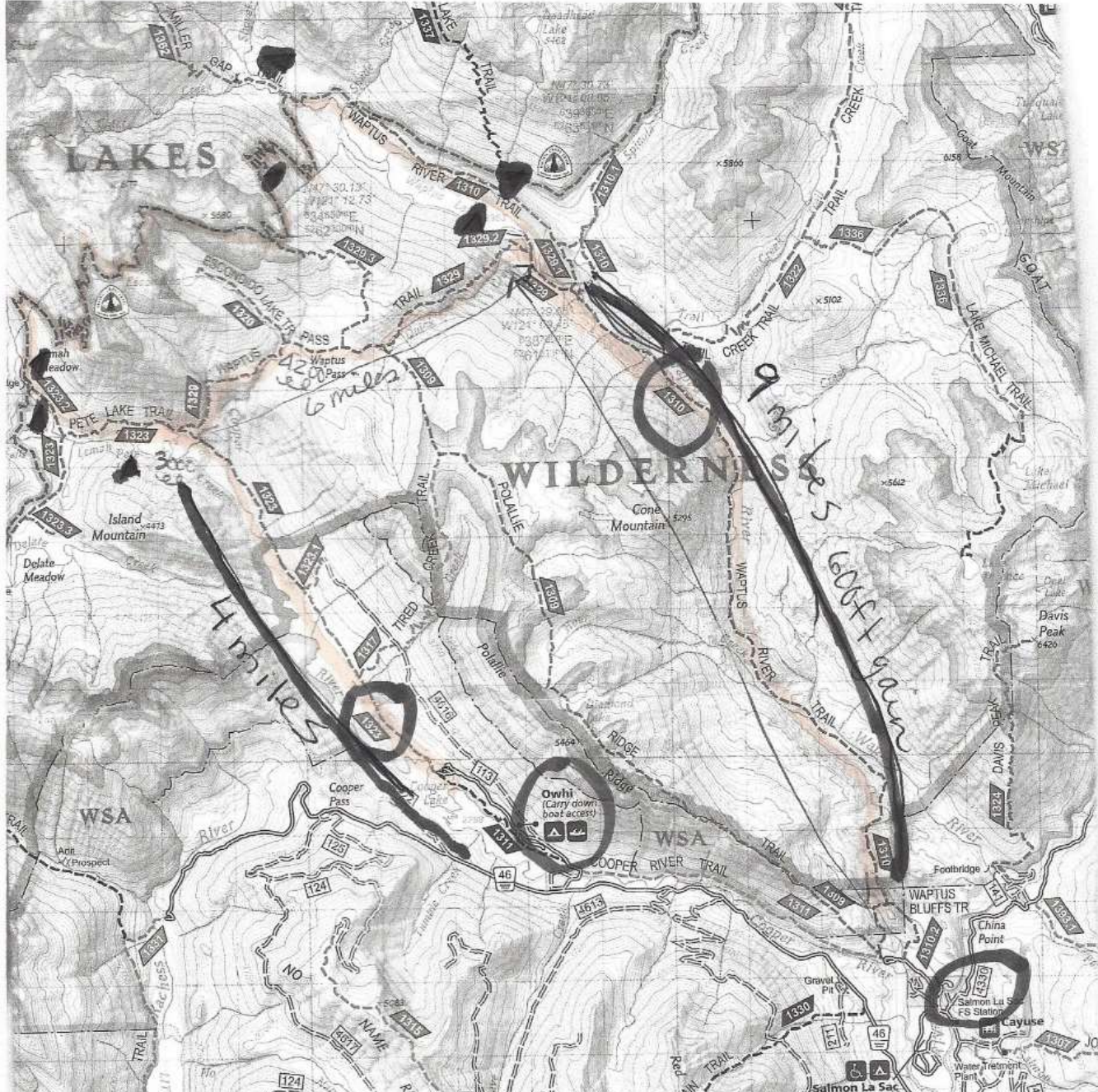
WILDERNESS

4 miles

6 miles

9 miles
600ft gain

Owlhi
(Carry down
boat access)



LAKES

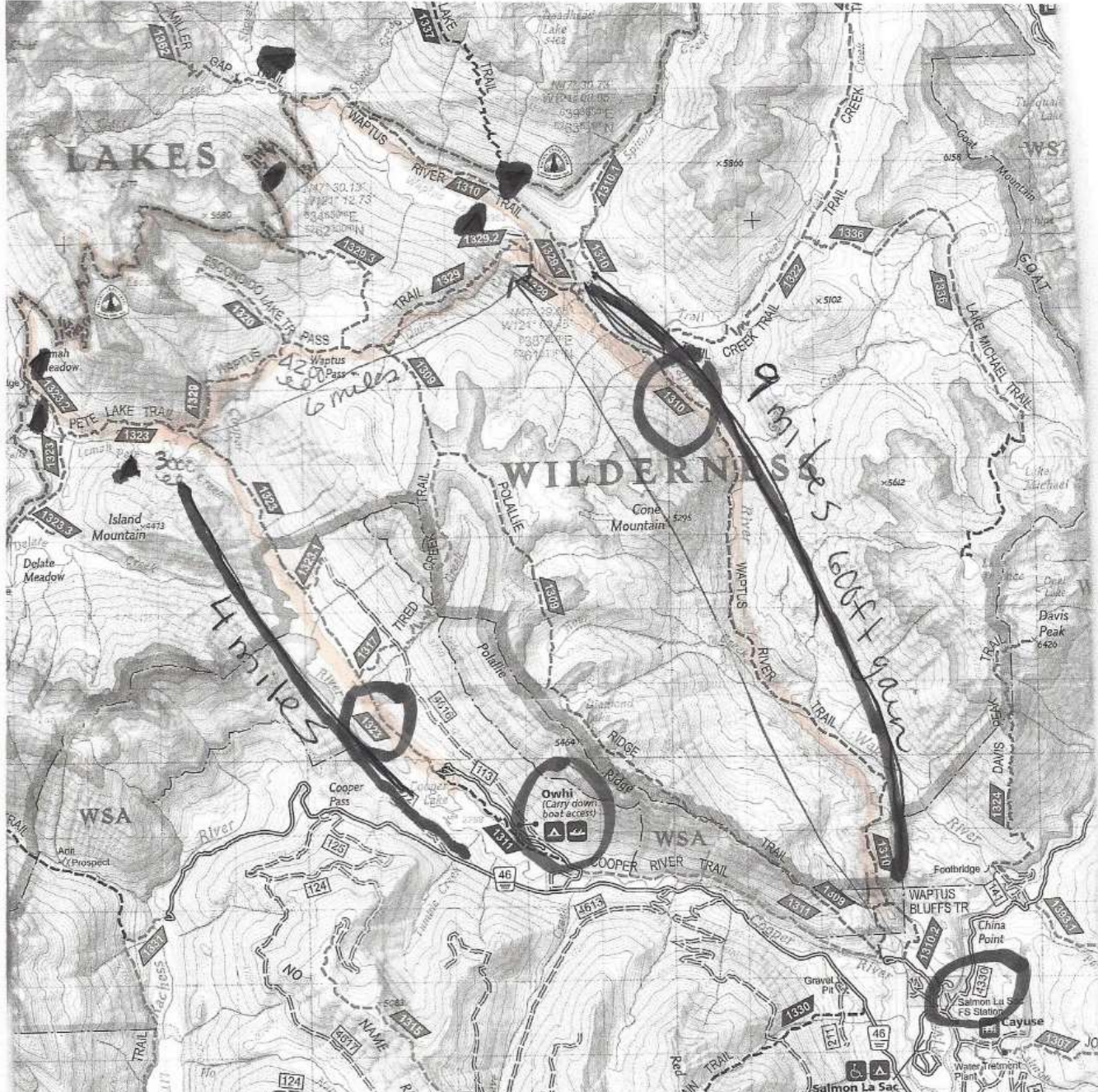
WILDERNESS

4 miles

6 miles

9 miles
600ft gain

Owlhi
(Carry down
boat access)



LAKES

WILDERNESS

4 miles

6 miles

9 miles
600ft gain

Owlhi
(Carry down
boat access)



Hoh River Trail
Olympic National Park

Why Hoh River/Olympic National Park

- Hoh River Ranger Station to Glacier Meadow 32 mile RT
- Low elevation gain
- Well spaced campsites
- Can do in 4 - 5 days of hiking
- Can cache food for pickup on the way back!
- Need backcountry permit
- Not too hot, not too cold

Up And Over The Cascades

Hwy 20 Rainy Pass to
Stehekin and Back.
Trails Utilized: Rainy
Pass/Bridge
Creek/McAlester
Lake/Rainbow Creek



Why Rainy Pass/Stehekin?

- **Intermediate**, yet popular. 40ish mile loop, 3,000 – 5,000 gain
- Warm, Eastern Washington topography (can be a con/too hot)
- Can mail supplies ahead to Stehekin Post Office for pickup; also mail stuff back
- Stehekin Bakery is as fabulous as legends suggest. Sticky buns rule.
- Variety of trail choices available to complete your loop
- Mid-hike stop at Stehekin refreshing: jump in that lake! Buy lunch at café.
- Need backcountry permit; acquire day **before** outing

Rainy Pass/Stehekin Route



Canoeing Website Resources

- www.willhiteweb.com
- <https://www.nps.gov/noca/planyourvisit/boating-on-ross-lake.htm>
- <https://www.nps.gov/laro/planyourvisit/campgrounds.htm>
- <http://www.bcadventure.com/adventure/explore/cariboo/trails/bowron.htm>
- www.troop101-wa.org/tj-ross-lake-50-mile-canoe-2010/

Potential Canoeing Trips for High Adventure



Ross Lake

- Ross Lake
- Roosevelt Lake
- Bowron Lake Provincial Park/Canoe Circuit, Canada



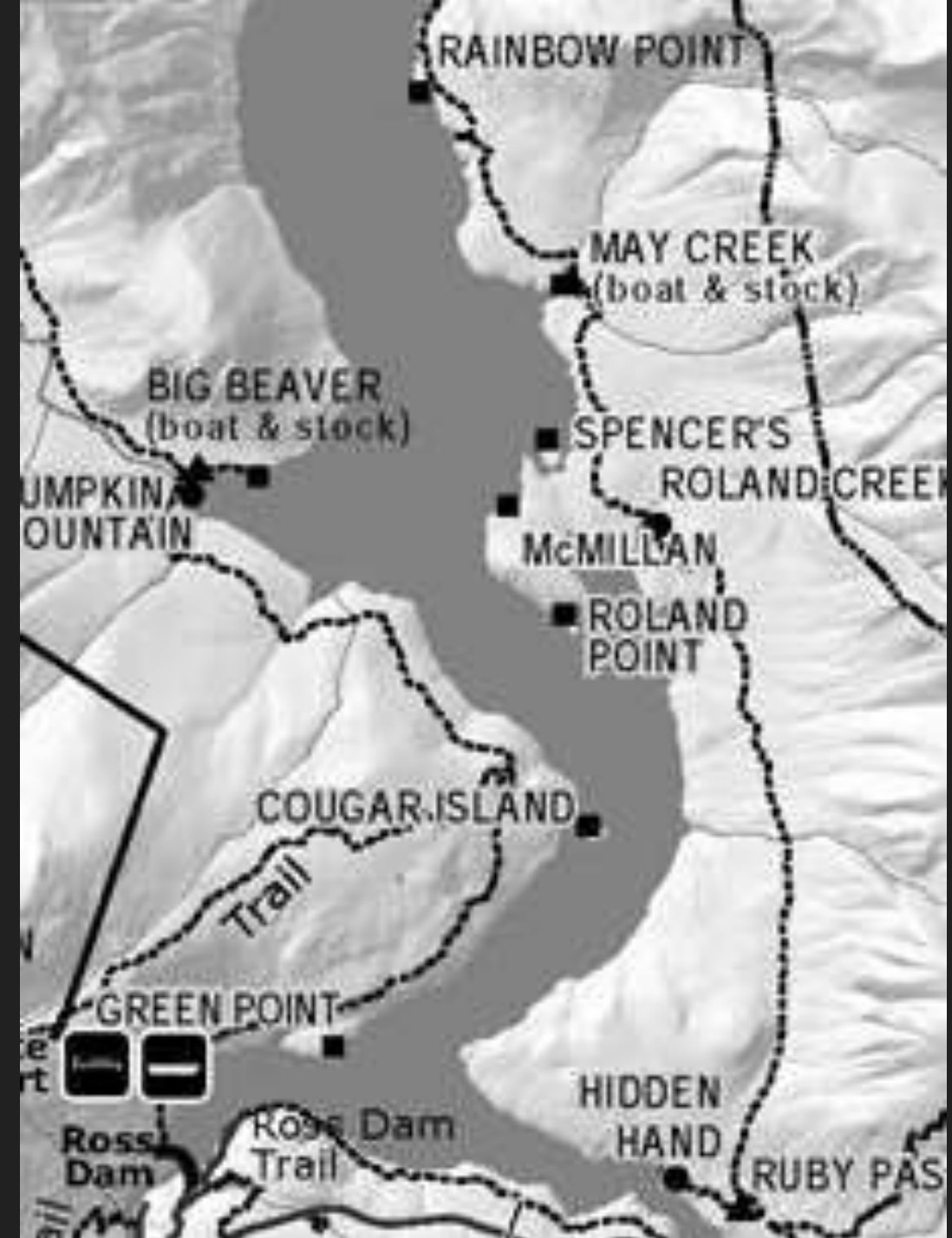
Roosevelt Lake

Criteria for Canoeing Routes?

- Not open water, less severe conditions. No Puget Sound, ocean, or Salish Sea
- No large vessels to dodge
- Multiple campsites to choose from
- Wilderness
- Rent canoes on-site (Roosevelt excepted)

Ross Lake: Partial Map

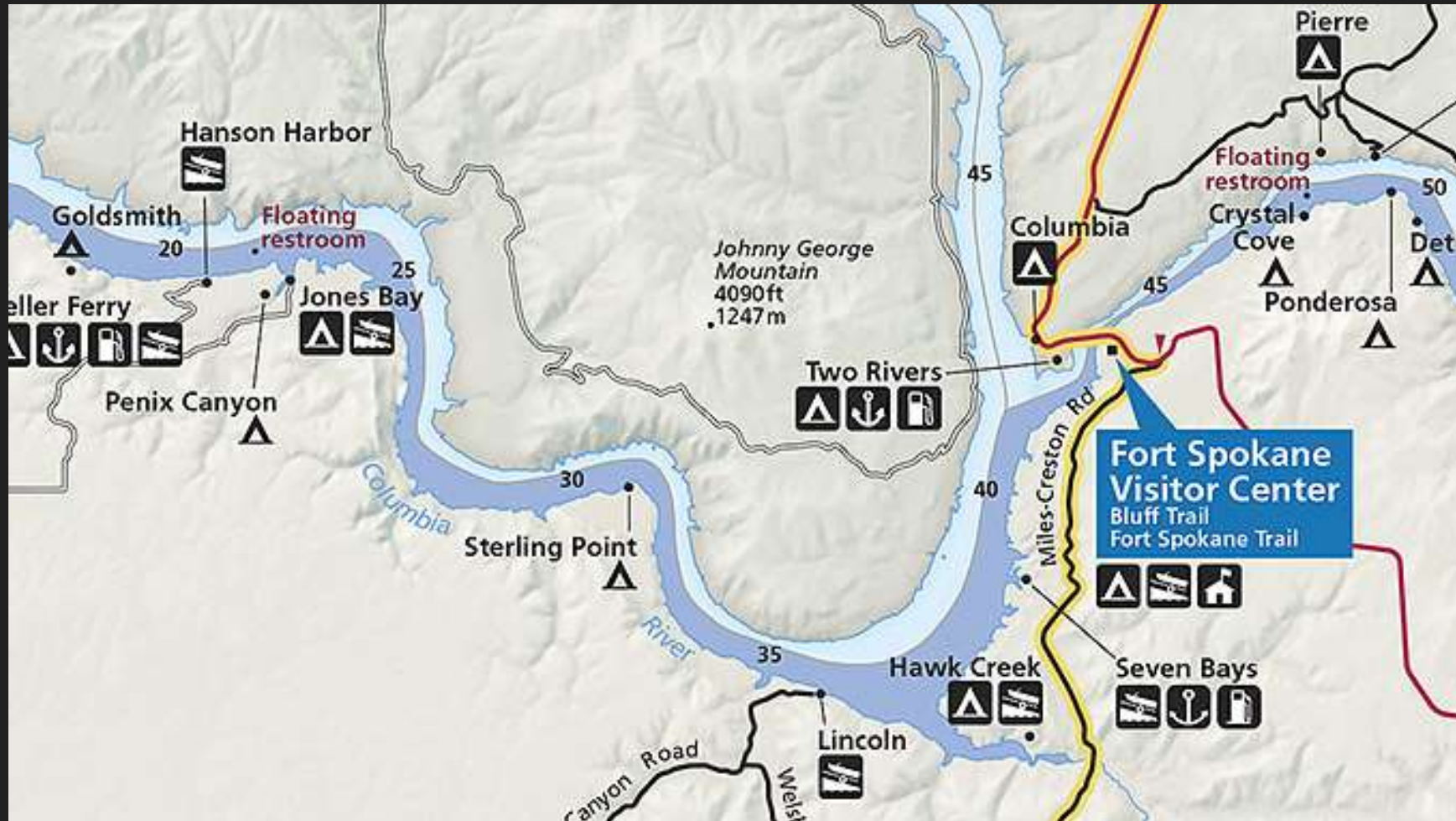
Note Abundance of Campsites



Why Ross Lake?

- You can canoe to Canada!
- 22 mile long lake, over a dozen boat-in campsites
- Mt. Baker Recreational Area: scenery
- Rent canoes from Ross Lake Resort
- Temperate summer conditions (not too hot...)
- Backcountry Permits Required

Partial Map Lake Roosevelt National Recreation Area and Campsites



Why Lake Roosevelt?

- Eastern Washington: Dependable Sun/WARM! Could be a con, too
- Large recreational area to choose your route
- Reasonable number of campsites available

50 MILE CANOE TRIP FAQ's (Frequently Asked Questions)

What canoe routes and camping areas would you suggest for a party of 10 to get in 50 miles of canoeing in 4 days?

North End of Lake Roosevelt

- Bradbury Beach Day-Use Area/Boat Launch to Fort Spokane Campground/Boat Launch. Both have parking lots and toilets. You have to carry your own water to Bradbury.

South End of Lake Roosevelt

- Hunters Campground/Boat Launch to Keller Ferry Campground/Boat Launch. Both have parking lots and toilets. It is a harder route due to the higher volume of boat use in the southern part of the lake.

Purchase a launch permit at the boat launch if you plan on using it to put in your canoes. They are good for 7 consecutive days.

Bowron Lakes Provincial Park Canoe Circuit: Note Abundant Campsites



Bowron Provincial Park Canoe Circuit/BC

- Roughly 9 hour drive from Seattle
- 70 miles of canoeing heaven
- Plenty of campsites
- Canoe Rentals onsite
- You do have cross border/need appropriate paperwork
- Consider fun stop at Birch Bay Waterpark or Kamloops Waterpark

Biking

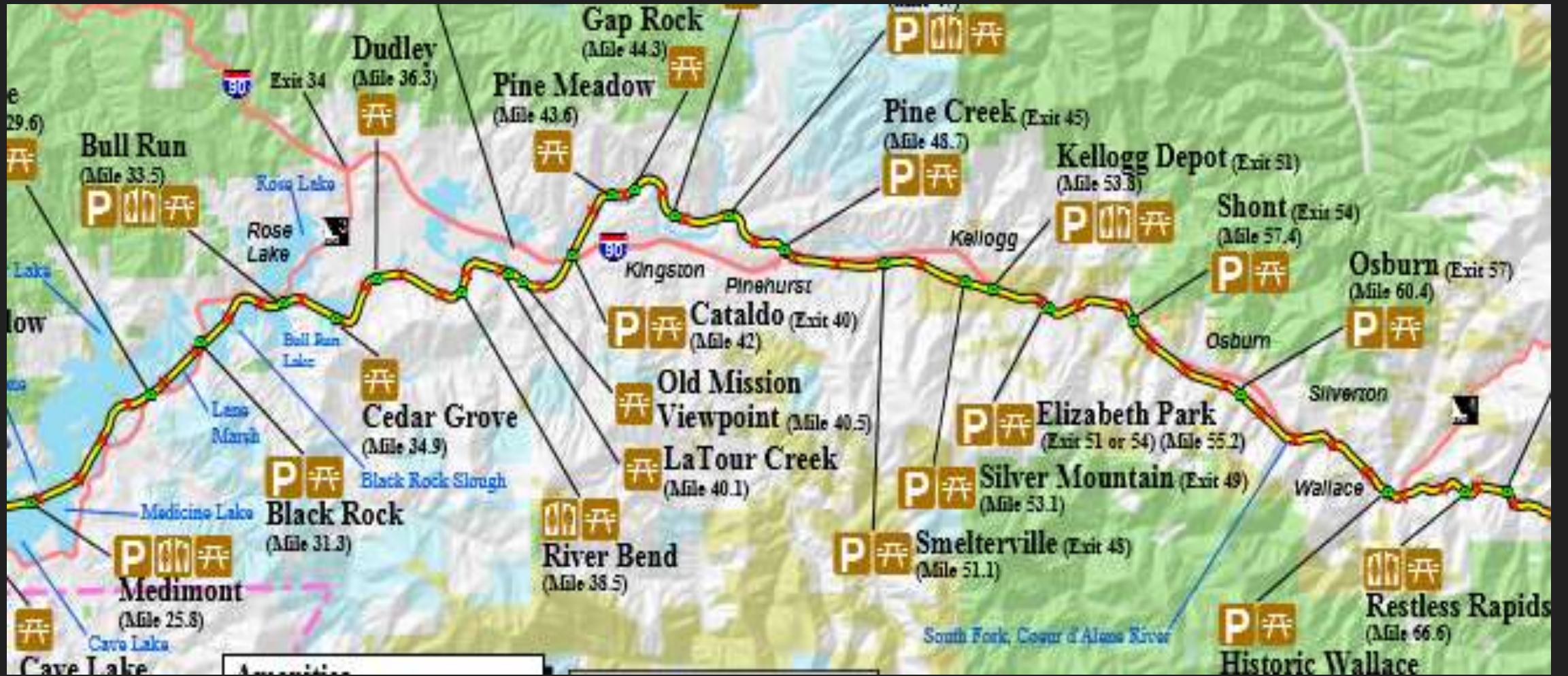
- www.willhiteweb.com
- <https://parksandrecreation.idaho.gov/parks/trail-coeur-d-alenes>



Why Trail of the Coeur D'Alene?

- Paved multi-use recreational trail: NO CARS
- 72 miles
- East To West is downhill
- Private & public campsites available along the trail or not too far
- Recommend Heyburn State Park as stopping point (western end of trail)

Trail of the Coeur D'Alene
Partial Trail Map
Note Access Points/Rest Stops





Thank You!

Any questions?