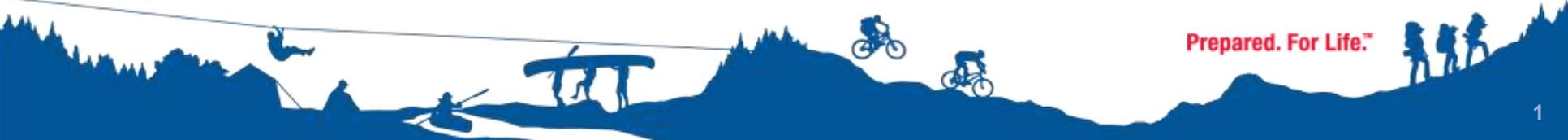


***Chief Seattle Council PTC  
October 2018  
Course #421  
High Adventure Outings and Preparation***

***Walter Beauchamp***

***ACA 498, ACA LTI, UC & W&RFA Instructor  
Triple Crown – NT, Phil & SB  
San Juan Islands Kayaking - 50 Miler***



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# Course Goal



- To provide basic Info on the National HA programs
- To encourage a Troop/Crew HA program
- To discuss preparedness for HA outings
  - ✓ Skills needed...
  - ✓ Min ages...
  - ✓ Costs...
  - ✓ Challenges...
  - ✓ Training...



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# What is High Adventure?

- Multiple Days/Nights of **EXTRAORDINARY** and **CHALLENGING** Activities, Primarily Aimed at Older Scouts
- National Camps and Programs Within Your Troop/Crew
- Will Energize Your Troop/Crew Members
- Builds Confidence
- Preparedness Matters
- Keeps Your Program From Growing Stale or Repetitive



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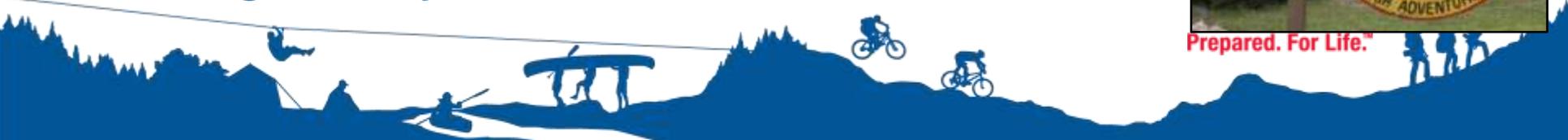


# WHY HIGH ADVENTURE?

- Extended outing length offers an immersion environment for team building, learning, and going places you can't get to over a weekend
- Allows time for new skills
- Reinforces the Patrol Method, youth leadership, and Scouting traditions in the outdoors
- Retains membership
- Lifelong memory & FUN!!



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# Start Your High Adventure Off Right: Extra Expectations Are Needed...

## Outdoor Practices

- Expect Outdoor Code/Leave No Trace Principles to be used and enforced
- Requires appropriate gear/clothing...
- Requires training and preparation...
- Develop extra safety precautions: talk to Rangers, research trail conditions, “off trail” communication tree, think safety instead of fun; clear guidelines while on the trail
- Use Patrol Method in all aspects of developing your program



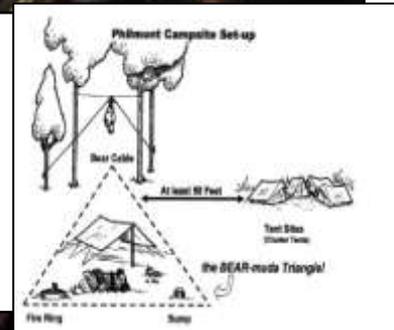
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# How To...

- **Are the SM and ASMs on-board to support?**
- **Is the Troop Committee ready to Support?**
- **Are Scouts Interested?**
  - Can you form a complete Crew or can you work with neighboring Troops/Crews?
- **Trained Adult Volunteers? Need a High Adventure coordinator/adviser to drive the effort**
  - Skills needed?
- **Trip participants and costs...**
  - How is it to be funded?
- **What training?**
  - Time and planning to do so...
- **Practice activities?**
  - How extensive?



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# First Steps to High Adventure

- **Trained Adults:** Scoutmaster/Assistant Scoutmaster, WFA (Requires CPR), Youth Protection, leave no trace, physical preparedness are a minimum.
- **Trained Scouts:** first aid, physical preparedness, leave no trace, specific skills building for your trip as needed
- **Get on a National Basecamp waitlist or if within a Troop/Crew program – develop a plan**
- **Think long term. These are programs to offer yearly**
- **Funding plans...**



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# Examples Found on YouTube

Philmont Water Filtration

NT Packing

Philmont Doing the Dishes

Philmont Preparedness



# Being Prepared – “I Was Trained”

## Wilderness First Aid (Requires CPR)

✓ Wilderness First Aid (WFA) is the assessment of and treatment given to an ill or injured person in a remote environment where definitive care by a physician and/or rapid transport is not readily available.

✓ Sixteen hours of training; offered by Chief Seattle Council districts. Also available via Red Cross and/or Mountaineers and/or REI





# National Camps – What Are They?



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# Example Trek Registration Timeline



■ Surplus units will join our reserve list. Units who have missed the lottery may request to join the reserve list at any time.

Note: At any time units may contact Philmont and request to receive updates on future registration dates.

## Register a crew

1. Form a [crew of 7-12 adults and youth](#).
2. [Register](#) for the trek lottery in November, two years prior to your trek.
3. Lottery winners are notified after the first week in December.

## Join a council contingent

1. Contact your [local council](#) and ask to join a [contingent crew](#).

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# National Basecamps Positive Attributes

- Excellent programming and activities
- Staff support (Staff Teach You!)
- Outstanding outdoor settings
- Reduced logistics/planning (some equipment and food provided)
- Reinforced Scouting/Camp Traditions



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# National Basecamps Negative Attributes



## 2010 PHILMONT ADVENTURE ITINERARY

### Itinerary Number 5

Challenging (maximum program time) - 56 miles

Visit the fascinating petroglyphs left by the ancient Anasazi people and see the world's only known T-Rex track in the North Ponil Valley as you begin this itinerary. Other action packed programs offered are horse rides, branding and two chuck wagon meals. Later enjoy rock climbing and 12 gauge and .30-06 rifle reloading and shooting. Be sure to stop and visit Waite Phillips' famous Hunting Lodge before your victory hike over the Tooth of Time.

Day	Note	Camp	Program Features	Food Pickup
1		Base	Opening Campfire	
2		Anasazi	Ranger Training, See World's Only Tyrannosaurus Rex Track	Camping HQ
3	s	INDIAN WRITINGS	Archaeology, Tour Petroglyphs	
4	s	PONIL	Western Lore, Branding, Horse Rides (afternoon), Cantina Show, Chuck Wagon Dinner	Ponil
5	s	DEAN COW	Chuck Wagon Breakfast @ Ponil, Rock Climbing & Rappelling	
6		HARLAN	12 Gauge Shotgun Shooting & Reloading, Burro Racing	
7		Ute Springs	Trail Camp, Conservation	
8		Upper Sawmill	.30-06 Rifle & Reloading @ Sawmill	Ute Gulch
9		Lamberts Mine	Gold Mining & Panning, Blacksmithing, "Stomp" @ Cyphers	
10		Upper Clarks Fork	Cabin Tour @ Hunting Lodge, Western Lore, Branding @ Clarks Fork	
11	d	Tooth Ridge	Side Hike Tooth of Time, Dry Camp, Water @ Clarks Fork	
12		Base	Hike in via Tooth Ridge Trail, Awards Campfire	

Departs from Camping Headquarters on Day 2 for 6-Mile Gate Turnaround to go to Anasazi Camp  
Hike in to Camping HQ via Tooth Ridge Trail.

Campsite Elevations: 7,040' Minimum, 8,960' Maximum

Camps: 4 Staffed, 6 Trail, 1 Dry Camp

Sectional Maps: South, North

- Travel costs can be considerable
  - Total costs around \$1600+
- Basecamp fees around \$800+ per person
- Minimum of almost 2+ weeks needed for Philmont
- Minimum participant age
- Wait list/process, 1 to 2 years advanced planning needed
- Paperwork, Deposits...etc.
- Itinerary is set for the trek.
- Trek lottery

NOTE: (d) = Dry Camp  
(s) = Showers may be available

NO CHANGES ARE POSSIBLE FOR CAMPS, FOOD PICKUPS, OR BUS TRANSPORTATION AFTER ITINERARY SELECTION.

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# Northern Tier



<http://www.ntier.org/>



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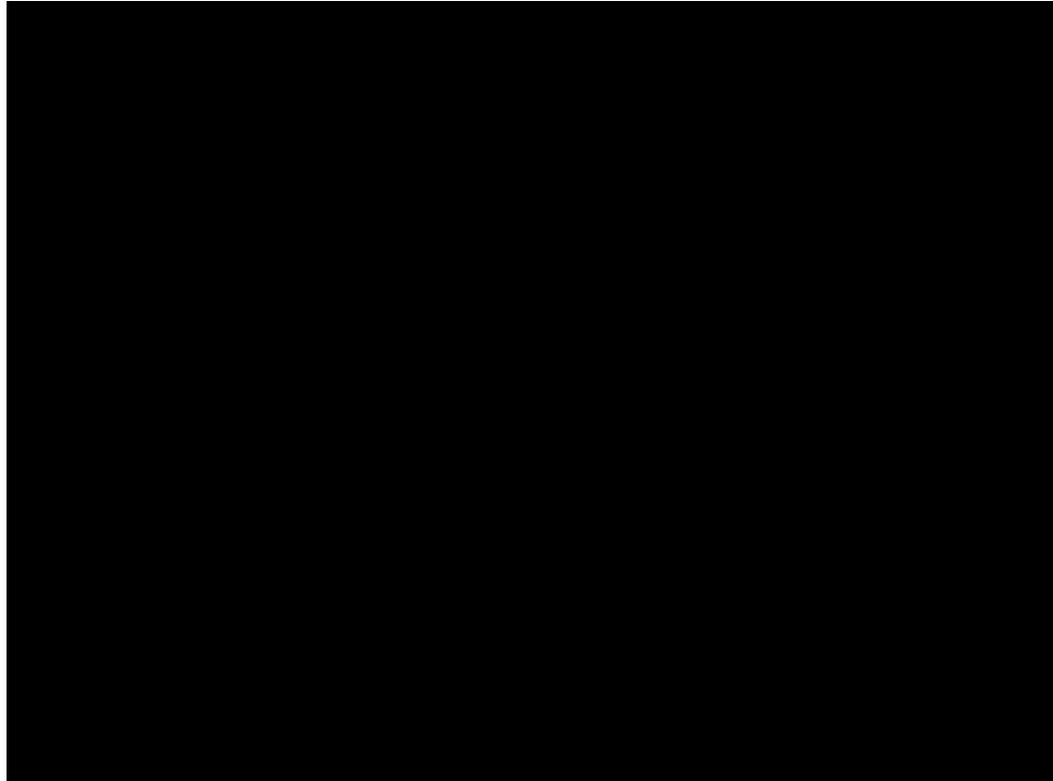


- **OKPIK** – Various Cold-Weather Winter Programs from Igloo Camping, to Cabin Camping, to Dog-Sledding
- **Passports and Notary/Signed Parent Letters**
  - Remote US Entry and Boundary Water Permit paperwork...etc.
- **Northern Tier Bases/Treks**
  - **Ely** – Main US Base, Boundary Waters & Quetico Provincial Park
  - **Atikokan** - Quetico Provincial Park, Crown-Lands area and Boundary Waters
  - **Bissett** – Lakes and rivers in high tundra

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# Northern Tier Video



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# Key Skills Needed...

- **Strong canoe rowing skills**
  - J-stroke, swamping recovery...etc.
- **Strong swimming skills**
  - Practice in a pool fully dressed as well, with life vests...
    - Swamping practice in a lake
- **Being able to do “single Portages”**
  - Properly carry up to 75 Lbs or more
  - Properly perform a single-person carry for the canoe
- **Outdoor bathroom...**
  - “Cat-holes”
- **Outdoor cooking & water purification**
- **Cold Weather Skills for OKPIK**



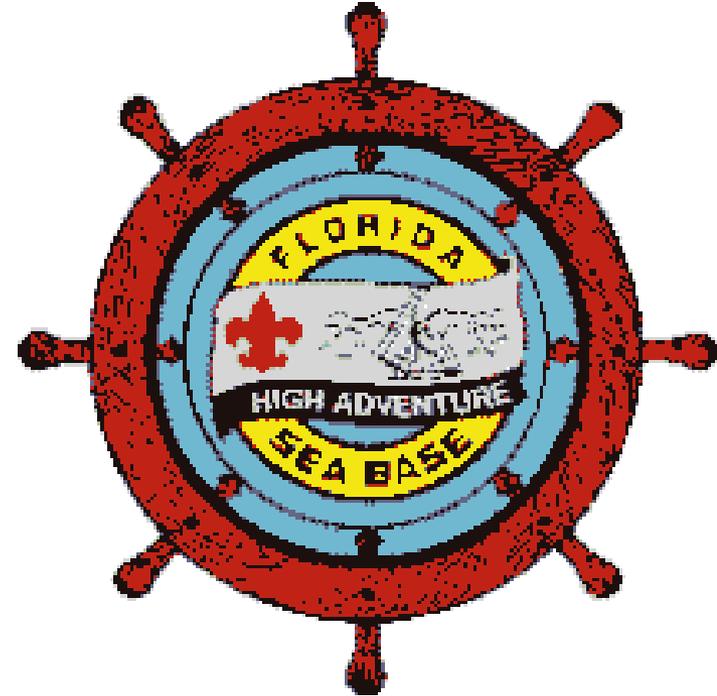
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# Sea Base

## Adventures:

- Bahamas Tall Ship
- Bahamas Adventures
- Out Island
- Keys Tall Ship
- Coral Reef Sailing
- STEM Eco-Adventure
- Florida Fishing
- SCUBA Adventure & Cert
- SCUBA Live Aboard
- Florida Keys Adventure
- St Thomas



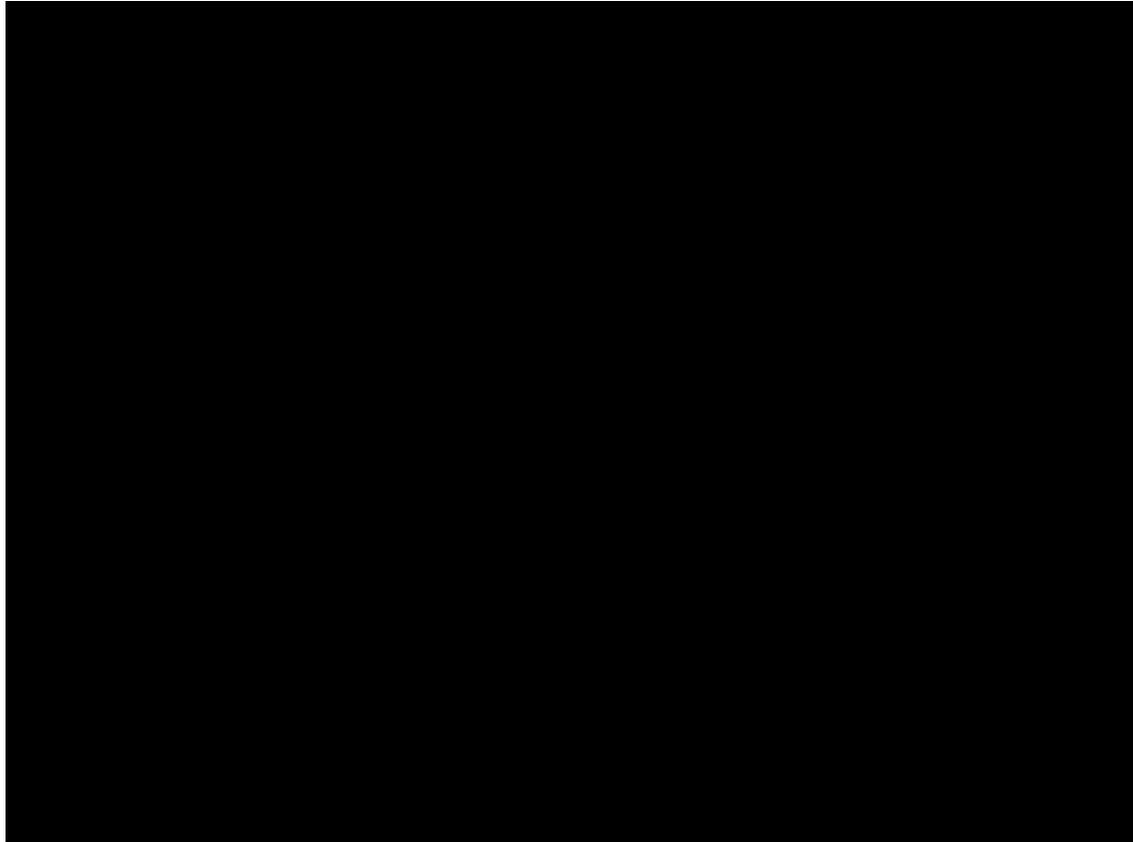
<http://www.bsaseabase.org/>



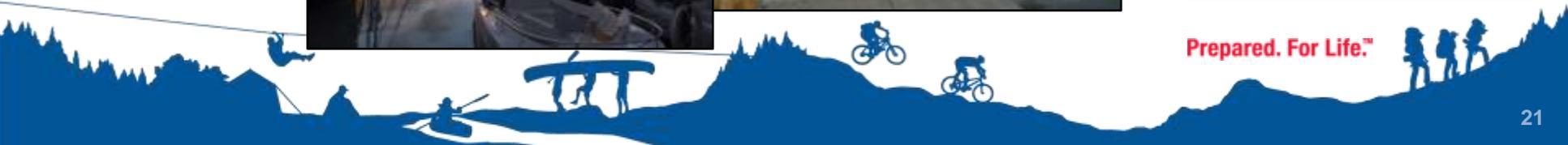
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# Sea Base Video



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# Key Skills Needed...

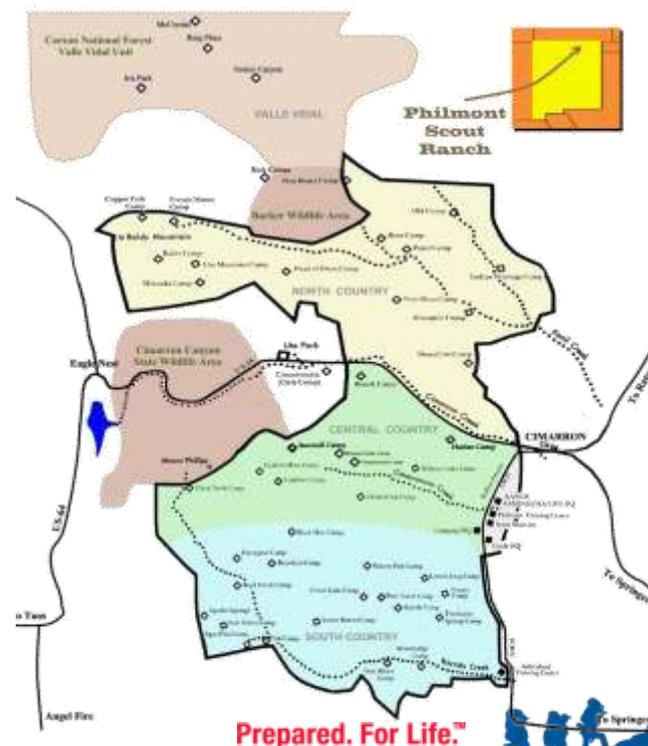
- **Strong kayaking/canoe skills**
  - J-stroke, swamping recovery...etc.
- **Strong swimming skills**
  - Practice in a pool fully dressed as well, with life vests... (falling off the boat)
  - Practice long-duration swimming
    - Snorkeling
- **Basic sailing**
  - They will teach you but some basic knowledge is helpful...
  - Capt's Award
  - Eco-Mariner course may also be required for everyone
- **Cooking**



# Philmont

- Hiking and Activities
- Summer Program
  - 5, 7 and 12 Day Treks
  - Recommend 12 day backpacking trek
- Fall and Winter Programs

<http://www.philmontscoutranch.org/>





# Philmont Video

Philmont in 2

Above Philmont

Philmont Winter Trek





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# Key Skills Needed...

- **Backpacking ability**
  - Capable to hike the types of segments on your trek...
    - Training hikes...
    - More training hikes...
    - Weekend or extended weekend trainings...
  - All with fully loaded backpacks/gear...
  - Water purification skills...
- **Outdoor cooking & water purification**
- **Fall & Winter Program - Colder Weather Skills**



# Summit Betchel Reserve

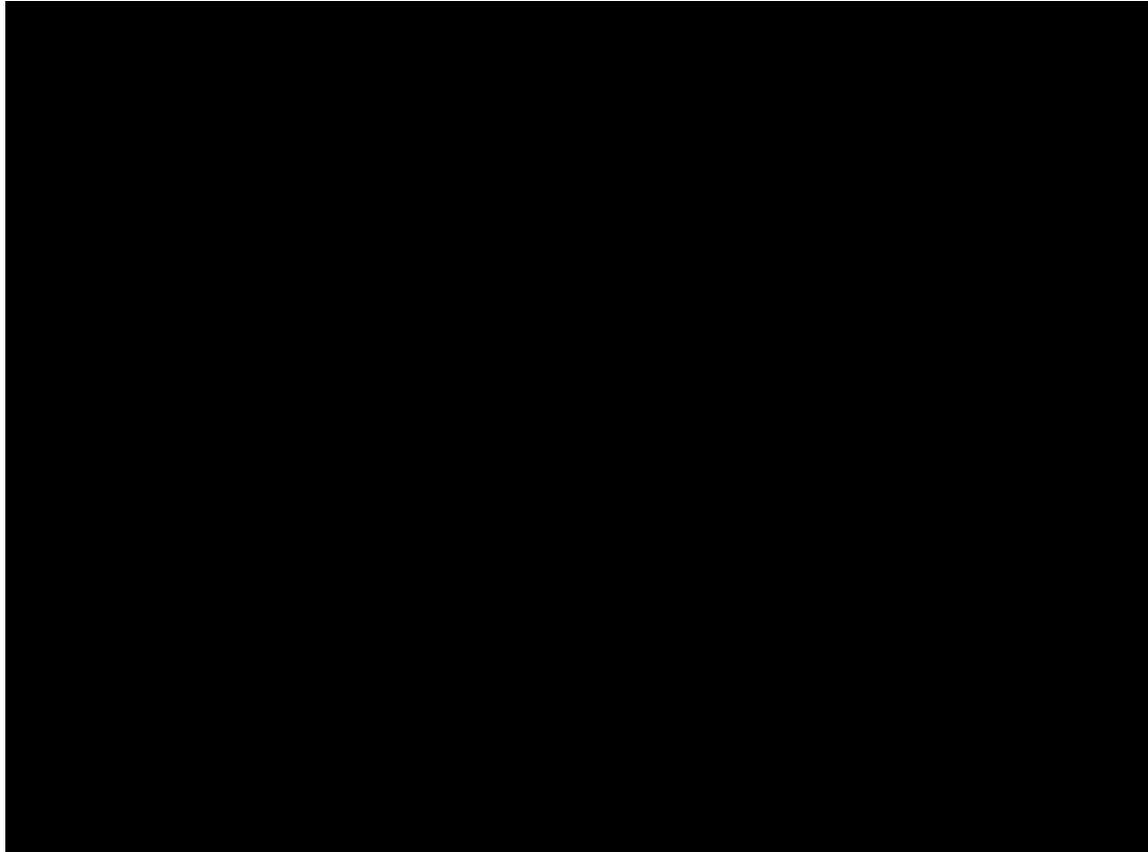
<http://www.summitbsa.org/>

- **Several Programs to challenge ages 13 (by Sept 1 of the year of the trek) on up.**
  - Mountain Biking
  - BMX Biking
  - Rock Climbing
  - Skatepark
  - Archery
  - Ropes / COPE course
  - Lakes for water activities
  - Whitewater Kayaking and Rafting
  - Shooting Sports
  - & 3200 foot Zip-line

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# Summit Video



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## Key Skills Needed...

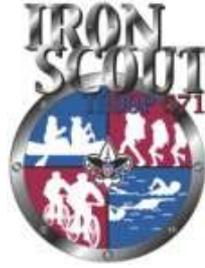
- More like an extended summer camp experience
- Skills practice on items selected...

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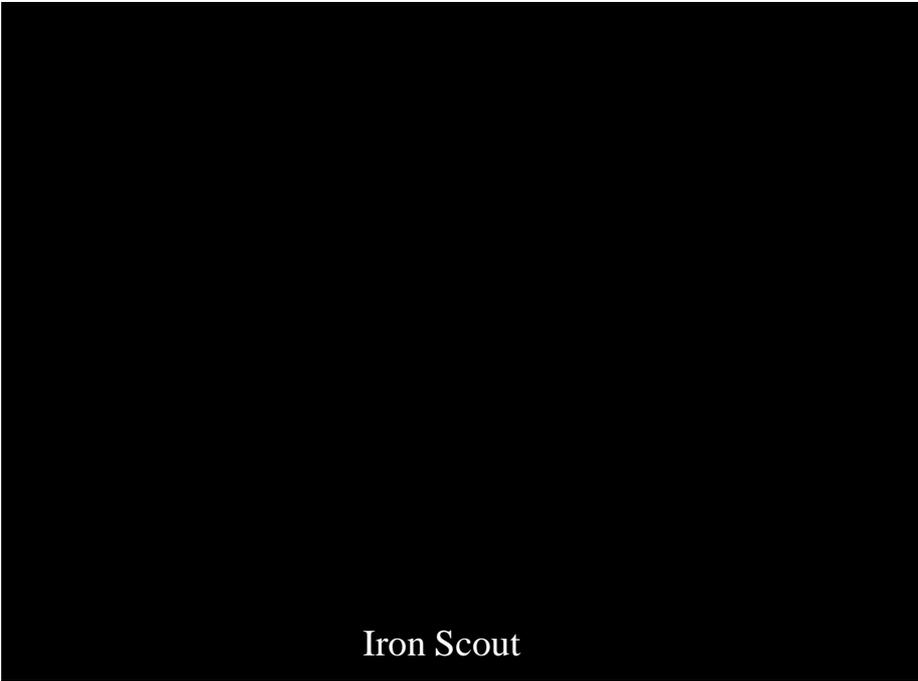
# Troop/Crew HA Programs

Make these part of your program as well



**STP**

**Mountain or Road Biking Treks**



Iron Scout



C115

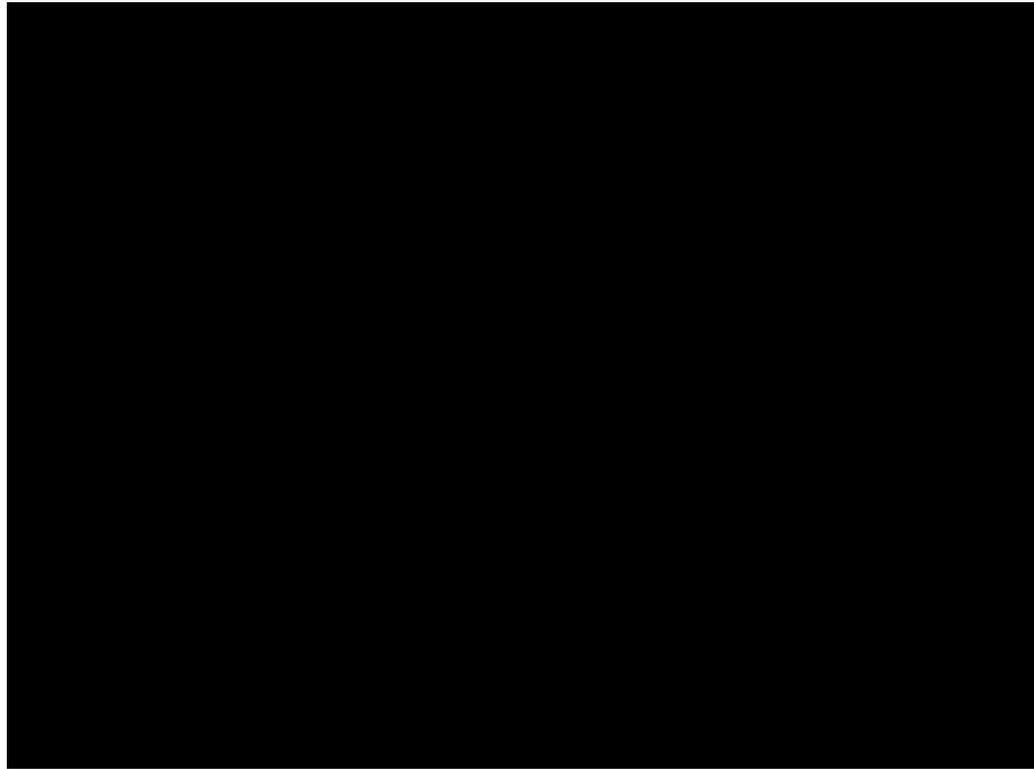


Venturing





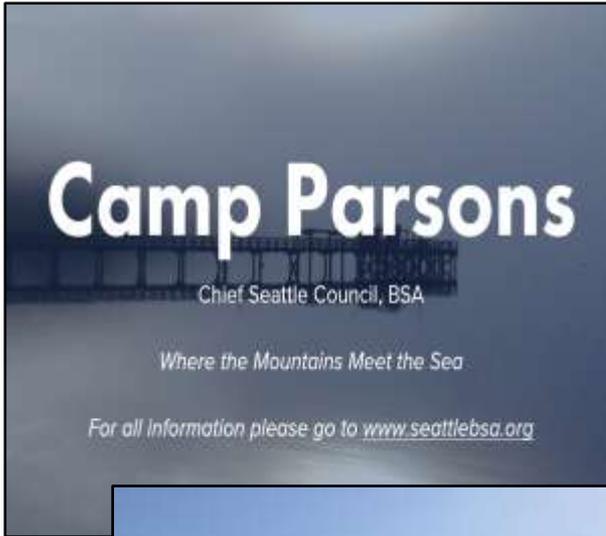
# Venturing



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# High Adventure Camps In Washington State



- **Kayaking at Camp Parsons**
- **Sailing on the SSS Odyssey**



- **Reduced travel costs**
- **Excellent programming**
- **Staff Support**
- **May be no wait list**
- **Some equipment provided**

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# [WWW.usscouts.org/ha/ha.asp](http://www.usscouts.org/ha/ha.asp)

## List of Council Sponsored Basecamps

### HIGH ADVENTURE PROGRAMS AT LOCAL COUNCILS

Prepared by the U.S. Scouting Service Project (<http://usscouts.org>) for Scout Leaders

Adventure Program & Links	Map	City	State	Council	Region
<a href="#">Mount Hood Climb</a>	Map	Timberline	<a href="#">Oregon</a>	<a href="#">Cascade Pacific Council</a>	<a href="#">Western</a>
<a href="#">North Idaho High Adventure Base</a>	Map	Coeur D'Alene	Idaho	<a href="#">Inland Northwest Council</a>	<a href="#">Western</a>
<a href="#">Northern Lights High Adventure Base</a>	Map	Fairbanks	<a href="#">Alaska</a>	<a href="#">Midnight Sun Council</a>	<a href="#">Western</a>
<a href="#">NW Grizzly Base</a>	Map	Kasipell	Montana	<a href="#">Montana Council</a>	<a href="#">Western</a>
<a href="#">Odyssey</a>	Map	Friday Harbor	Washington	<a href="#">Pacific Harbors Council</a>	<a href="#">Western</a>
<a href="#">Pacific Northwest High Adventure</a>	Map	Seattle	Washington	<a href="#">Chief Seattle Council</a>	<a href="#">Western</a>

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## Key Skills Needed...

- **Appropriate preparation for HA activity...**
  - Trained...
- **Backpacking skills...**
- **Hiking skills...**
- **Canoe/Kayak skills...**
- **Swimming...**



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# Don't Forget to also do...

OA Programs...



Special Treks



Special Programs



Triple Crown & Grand Slam Awards

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# OA Treks – Tri-Program Video



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# ArrowCorps Example



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# Websites...

- ✓ <http://www.tkopekwiskwis.org/gocamping/tripfinder>
  - ✓ <http://www.willhiteweb.com/>
  - ✓ [www.willhiteweb.com](http://www.willhiteweb.com)
  - ✓ <https://www.nps.gov/noca/planyourvisit/boating-on-ross-lake.htm>
  - ✓ <https://www.nps.gov/laro/planyourvisit/campgrounds.htm>
  - ✓ <http://www.bcadventure.com/adventure/explore/cariboo/trails/bowron.htm>
  - ✓ [www.troop101-wa.org/tj-ross-lake-50-mile-canoe-2010/](http://www.troop101-wa.org/tj-ross-lake-50-mile-canoe-2010/)
  - ✓ <http://www.wta.org>
- And many more....just search and talk to other leaders...

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# Questions...

- Thank you for all you do...
- Go Outdoors...
- Be Safe and Be Prepared...
- Have Fun...

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