

For more:
SeattleBSA.org/PTC

2022

ZOOM

PROGRAM & TRAINING CONFERENCE

Rise to the Challenge

through Advancement, Camping, and Training "ACT XVII"

RISE TO THE
CHALLENGE

SATURDAY, OCTOBER 15TH

FROM 8:30 AM TO 3:45 PM

EARLY-BIRD \$10

WILDERNESS FIRST AID \$75

After Sunday, October 9th (midnight) prices go up \$10

[Register Now!](#)

Questions? ChiefSeattlePTC@gmail.com

PROGRAM AND TRAINING CONFERENCE

Schedule Suggestions

These are **ONLY** suggestions.
You may take anything that interests you!

Units whose leaders come as a group to Program and Training Conference and take a variety of classes bring home the most ideas for a better Program!

NOTE: Time Block 4 is **LUNCH** for everyone. You may choose any of the Lunch Forums.



Cub Scout Adults –

If you are an *untrained* Den Leader or assistant –

- Time Blocks 1,2,3,5: **102 Den Leader (& assistant) Training**
- Time Block 6: **502** Creating a Safe Cub Environment
- Time Block 7: **602** Den Discipline

If you are an *untrained* Cubmaster or assistant –

- Time Block 1: **106** Webelos to Scout Transition
- Time Block 2: **205** Building a Successful Cub Scout Recruitment Plan
- Time Blocks 3,5,6,7: **303** Cubmaster (& assistant) Training

If you are an *untrained* Pack Committee Chair or member –

- Time Blocks 1,2,3,5: **104** Pack Committee Training
- Time Block 6: **504** Recruiting and Retaining Cub Scout Leaders
- Time Block 7: **604** Summertime Planning for Packs

For other Pack Adults –

- Time Block 1: **105** Den Leadership and Program Planning
- Time Block 2: **203** Making Cubs Feel Welcome
- Time Block 3: **305** Blue and Gold **OR** **306** Mad Scientist
- Time Block 5: **401** Planning an Engaging Cub Scout Program
- Time Blocks 6,7: **512** Outdoor Ethics Orientation **OR**
- Time Block 6: **502** Creating a Safe Cub Environment
- Time Block 7: **604** Summertime Planning for Packs

Scouts BSA Adults –

If you are an *untrained* Scoutmaster or assistant –

- Time Blocks 1,2,3,5,6,7: **107 – Scoutmaster (& assistant) Training**

If you are an *untrained* Troop Committee Chair or member –

- Time Block 1: **106** Webelos to Scout Transition
- Time Block 2: **208** Roadmap to a Stronger Troop
- Time Block 3: **311** Merit Badge Counselor Training **OR**
308 What the Order of the Arrow Can Do for Your Unit
- Time Blocks 5,6,7: **408** Troop Committee Training

For other Troop Adults –

- Time Block 1: **112** Developing Scouts into Leaders ...
- Time Block 2: **211** Why NYLT? Youth Run Units!
- Time Block 3: **311** Merit Badge Counselor Training **OR**
312 2023 National and World Jamboree Scouting ...
- Time Block 5: **409** How Troops Successfully Grow
- Time Blocks 6,7: **512** Outdoor Ethics Orientation **OR**
- Time Block 6: **511** What is Venturing?
- Time Block 6: **606** Integrating STEM into Scouting Programs

Venturing Adults –

- Time Blocks 1,2: **114** High Adventure Planning
- Time Block 3: **313** Backpacking and Camping for Women **OR**
314 Winter Activity Safety
- Time Block 5: **412** Mental Health Challenges ...
- Time Blocks 6,7: **512** Outdoor Ethics Orientation **OR**
- Time Block 6: **515** Kodiak and NAYLE Introduction
- Time Block 7: **611** Beyond Training - Taking Your Crew on the Road

Commissioners –

If you are a Commissioner –

- Time Block 1: **117** Core Concepts of Unit Service (BCS 101)
- Time Block 2: **217** Coaching Leaders (BCS 106)
- Time Block 3: **317** Detailed Assessments and Unit Service Plan
- Time Block 5: **416** DISTRICT COMMISSIONER (AND ADC) TRAINING **OR**
417 Resolving Common Unit Issues (BCS 105)
- Time Block 6: **517** Commissioner Tools
- Time Block 7: **617** Recruiting Volunteers

Youth –

If you are an *untrained* Den Chief –

- Time Blocks 1,2,3: **101** Den Chief Training
- Time Block 5: **411** Exploring the Patrol Method
- Time Block 6: **511** What is Venturing?
- Time Block 7: **601** Drug & Alcohol Awareness (2nd Class req) **OR**
610 Cooking & Menus ...

For older Youth (Scouts BSA AND Venturing) –

- Time Block 1: **110** Dutch Oven Cooking Basics **OR**
115 Running a Successful Crew Meeting
- Time Block 2: **215** Time Management & Goal Setting
- Time Block 3: **312** 2023 National and World Jamboree Scouting ... **OR**
315 Coaching and Mentoring
- Time Block 5: **411** Exploring the Patrol Method **OR**
415 Conflict Management
- Time Blocks 6,7: **512** Outdoor Ethics Orientation **OR**
- Time Block 6: **515** Kodiak and NAYLE Introduction
- Time Block 7: **614** Information on International Scouting **OR**
615 Project Management

GET CREDIT FOR YOUR TRAINING!

1. Make sure YOUR name and face can be seen
Adults: First & Last Name; Youth: First & Last Initial (no full last name).
2. Don't try to multitask during class, stay engaged.
3. Answer any survey questions asked.
4. Submit your feedback survey at the end of the day.

Credit Class Titles are in BOLD.

GET YOUR PATCH!

Submit your feedback survey at the end of the day
and we will mail it (in the US).

ZOOM—SATURDAY, OCTOBER 15TH, 8:30 AM TO 3:45 PM

EARLY-BIRD SPECIAL \$10

WILDERNESS AND REMOTE FIRST AID \$75

Last day of EARLY-BIRD SPECIAL is Sunday 10/9 (goes up \$10)

Details: SeattleBSA.org/PTC

Questions? ChiefSeattlePTC@gmail.com

[REGISTER NOW!](#)

For descriptions that will help you choose the classes that are best for YOU, go to SeattleBSA.org/PTC.

Time Block ONE 9:00 - 9:55	Time Block TWO 10:00 - 10:55	Time Block THREE 11:00 - 11:55	Time Block FOUR	Time Block FIVE 12:45 - 1:40	Time Block SIX 1:45 - 2:40	Time Block SEVEN 2:45 - 3:40
101 Den Chief Training (for YOUTH and Den Leaders)			Choose your Lunch Open Forum Topic: Effective Fundraising for Your Unit; 12:00-12:45 BREAK FOR LUNCH Q&A with Council Leadership; Scouts BSA Girl Troops; Venturing	401 Planning an Engaging Cub Scout Program	501 Cub Crafts	601 Drug & Alcohol Awareness (YOUTH: 2nd CI Req)
102 Den Leader (& assistant) Training				102 Den Leader (& cont assistant) Training	502 New! Creating a Safe Cub Environment	602 Den Discipline
103 Whittling Chip (for ADULTS)	203 Making Cub Scouts Welcome	303 Cubmaster (& assistant) Training		303 cont Cubmaster (& assistant) Training		
104 Pack Committee Training				104 cont Pack Committee Training	504 Recruiting and Retaining Cub Scout Leaders	604 New! Summertime Planning for Packs
105 Den Leadership and Program Planning	205 Building a Successful Cub Scout Recruitment Plan	305 Blue and Gold		405 Districts: What Every Cub Scout Leader Should Know	505 Preventing Cub Leader Burnout	605 Campfire Skits & Songs
106 Webelos To Scout Transition	206 Jamboree on the Internet (JOTI)	306 Mad Scientist!		406 Games, Games, & More Games! (for ADULTS)		606 Integrating STEM into Scouting Programs
107 Scoutmaster (& assistant) Training				107 cont Scoutmaster (& assistant) Training		
	208 Roadmap to a Stronger Troop	308 What the Order of the Arrow Can Do for Your Unit		408 Troop Committee Training		
109 Trail to Eagle		309 Eagle Boards of Review		409 How Troops Successfully Grow	509 Let's Go Winter Camping!	609 Expanding Your Girl Troop
110 Dutch Oven Cooking Basics	210 Advanced Dutch Oven Cooking			410 Unit Advancement Chair Training	510 Cooking and Menus for Special Dietary Needs	610 Cooking & Menus in the Back & Front Country
111 Making First Aid REAL	211 Why NYLT? Youth Run Units!	311 Merit Badge Counselor Training		411 Explore the Patrol Method (for YOUTH)	511 What is Venturing?	611 New! Beyond Training - Taking Your Crew on the Road
112 Developing Scouts into Leaders - Unit Leader Methods	212 New! High Adventure Supply: Outdoor Gear for Scouting	312 New! 2023 National and World Jamboree Scouting (for YOUTH AND ADULTS)		412 New! Mental Health Challenges for Troops and Crews (ADULTS Only)	512 Outdoor Ethics Orientation	
113 Backpacking		313 Backpacking and Camping for Women		413 Ultra Light Backpacking	513 Introduction to Shooting Sports	613 Learn About Sea Scouting
114 High Adventure Planning		314 Winter Activity Safety		414 Scoutbook	514 Bicycle Touring, Local to International	614 International Scouting Overview
115 Running a Successful Crew Meeting (for Venturing YOUTH)	215 Time Management & Goal Setting (for YOUTH)	315 Coaching and Mentoring (for YOUTH)		415 Conflict Management (for YOUTH)	515 Kodiak and NAYLE Introduction	615 Project Management (for YOUTH)
116 Invisible Backpack - 'Baggage' Youth Bring	216 Serving Scouts with Special Needs			416 District Commissioner (and ADC) Training	516 River Recreation Whitewater Rafting: River Safety	616 Unit Tools at my.Scouting.org
117 New! Core Concepts of Unit Service (BCS 101)	217 New! Coaching Leaders (BCS 106)	317 Detailed Assessments and Unit Service Plan		417 New! Resolving Common Unit Issues (BCS 105)	517 Commissioner Tools	617 New! Recruiting Volunteers
Time Block ONE 9:00 - 9:55	Time Block TWO 10:00 - 10:55	Time Block THREE 11:00 - 11:55	Time Block FOUR	Time Block FIVE 12:45 - 1:40	Time Block SIX 1:45 - 2:40	Time Block SEVEN 2:45 - 3:40
WFA Wilderness First Aid - Saturday AND Sunday, 8:30 am - 5 pm (FACE-to-FACE, Outdoors, Surcharge)						

8:30 - 9:00 Opening - Gathering and Important Details for the Day

Thank you for coming and have a great evening

Make your lunch before PTC starts. You are not going to want to miss any of your lunch forum.

PROGRAM AND TRAINING CONFERENCE

CLASS DESCRIPTIONS

SeattleBSA.org/PTC

Plan your Day at PTC

1. You may want to print the schedule (Page 3) so you can mark your choices.
2. Please read the class descriptions before making your selections. There are some suggested schedules on Page 2, if you want help.
3. [REGISTER NOW!](#)

WFA Wilderness First Aid (TWO DAYS, Outdoors, Extra Cost)— (all day PLUS) The WFA charge shown in Tentaroo (registration) is in addition to the cost of PTC. WFA is a 16-hour hands-on training (two days - **Saturday AND Sunday, 9 am - 4:30 pm**) is designed to prepare you to systematically deal with any accident or first aid emergency when you and your group are more than one hour away from Emergency Medical Services. Youth must be at least 14 years old. Come prepared to spend most of the class outdoors in fall weather. Bring a day pack with the ten essentials and a blue foam pad. To complete the class and be certified you need current CPR certification.



Time Block ONE

101 Den Chief Training (for YOUTH and Den Leaders)— (3 sessions) One of the positions of responsibility a Scout can hold is Den Chief. This course is for current and future den chiefs, and Den Leaders (with or without a den chief). They will learn their duties in the Cub Scout program while learning the leadership, organization, and problem-solving skills needed for success. Additionally, they'll learn some food ideas they can use to help Den Leaders and make their patrol meals more interesting. Finally, games are a great way to help Den Leaders. The youth will play some games they can use with their Dens as well as take back to your troop.



102 Den Leader (& assistant) Training— (4 sessions) Become Position Trained with this 4 session interactive training which covers the basics on the Cub Scout program, how to prepare for Den meetings and run a successful advancement program at the Den level.



103 Whittling Chip (for ADULTS)— (1 session) To whittle or not to whittle, that is the question. This class will show parents and leaders how to handle a knife safely, Whittling Chip requirements, and basic skills in an in-person and virtual environment. Have your pocket knife handy. For adults only.



104 Pack Committee Training— (4 sessions) Become Position Trained with this 4 session interactive training which will help your Pack thrive with a strong Pack Committee! Objectives include defining the role of the Pack committee, makeup and functions of the Pack committee, recruiting leadership and volunteers, record keeping, and the Pack planning process.



105 Den Leadership and Program Planning— (1 session) Advance planning is the key to success in any venture, including Cub Scouting. We'll discuss scheduling, organizing, planning and budgeting activities; help your Scouts make progress toward rank advancement; and ensure everyone is having fun! We'll address working in concert with pack and committee leadership. Also,



we'll discuss how to work as a Scouting team with parents and families, effectively sharing leadership to improve the quality of the den program.

106 Webelos to Scout Transition— (1 session) The last six to twelve months of Cub Scouting (Webelos). This class is designed for Commissioners, Webelos leaders and parents, Cubmasters, and Scout Leaders. It focuses on transitional issues and ways to ensure a seamless transition between programs.



107 Scoutmaster (& assistant) Training— (6 sessions) This leader-specific training is for Scoutmasters, Assistant Scoutmasters, and interested parents. Learn how a 'Scout-led' troop operates. Have confidence managing the Scoutmaster role. Learn about the resources available to ensure success. (Scoutmasters and assistants will also need Introduction to Outdoor Leader Skills to be trained.)



If you are going to achieve excellence in big things,
you develop the habit in little matters. Excellence
is not an exception, it is a prevailing attitude.

—Colin Powell

109 Trail to Eagle— (2 sessions) Join us for a lively presentation on how to navigate through the documents and requirements to become an Eagle Scout!



110 Dutch Oven Cooking Basics— (1 session) Learn the basics required to cook with a Dutch Oven. Get recipes and resources. **ALL**

ALL

From the first PTC, our patches
have been designed by



Sean Baker

THANK YOU!

111 Making First Aid REAL— (1 session) Let's face it, First Aid merit badge training mostly focuses on simple skills like how to splint an arm or put on mole-skin. Come learn techniques you can use to take your Scouts to a new level by actually teaching them how to handle emergencies. Leave with an outline, scenario descriptions, and supporting materials you can use to plan and conduct a First Aid 'disaster training' that will become your Scouts' favorite event. 

112 Developing Scouts into Leaders - Unit Leader Methods— (1 session) Developing leaders is not just a programmatic experience for youth. Unit Leader leadership, vision and role modeling is key. Learn some practical perspectives on how to make you and your team's leadership model a blueprint for youth development and leadership for life skills. 

113 Backpacking— (2 sessions) Backpacking and Camping for All. Hiking is an activity which can be enjoyed by all levels of the Scouting program. Discussion will include safety, gear, trip planning, and all the stuff you need to get your unit hiking 

114 High Adventure Planning— (2 sessions) Do you want to get your Troop or Crew "High-Adventure Ready"? This class will cover what High Adventure programming entails and offer examples of unit sponsored activities and National High Adventure camp opportunities. 

115 Running a Successful Crew Meeting (for Venturing YOUTH)— (1 session) Learn about balancing business with fun at your meetings, and get ideas for opening ceremonies and activities. 

116 Invisible Backpack - 'Baggage' Youth Bring— (1 session) Learn what youth are carrying in their daily lives and how you can identify problems to address, and the resources available to assist. Video of earlier class. 

117 *New!* Core Concepts of Unit Service (BCS 101)— (1 session) The position of commissioner is one of the oldest in Scouting. This course reviews and reinforces the core concepts of unit service and identifies the key skills needed for commissioners to be able to assess the units they serve. (Bachelor of Commissioner Science 101) 

It's better to be an optimist who is sometimes wrong than a pessimist who is always right.
—Mark Twain

Time Block TWO

203 Making Cub Scouts Welcome— (1 session) The New Member Coordinator is a Cub Scout parent who helps new interested and joining families get informed about what is happening in the den and pack. Welcome Committees, finding new ways to organize after join nights, and helping new Scouts feel included and other challenges will be addressed. While uniformed leaders are recognizable, new families can find them intimidating. Learn how your Pack can use the New Member Coordinator position to welcome and integrate new Parents and Scouts into your Pack family. 

205 Building a Successful Cub Scout Recruitment Plan— (1 session) Learn all about today's parents, "the Millennials," and how Scouting can fit into their family goals. Find out what successful Packs are doing to proactively recruit new Scouts. Explore the use of social media and experience-oriented Scouting events to give an unparalleled experience to attract new and retain current Cub Scout families. 

206 Jamboree On the Internet (JOTI)— (1 session) Get an introduction to International Scouting through the use of technology. Learn how to host a fun JOTI in your unit next year, including tying it in with Merit Badges and Cub Scout advancement, plus the International Spirit Award. **ALL**

208 Roadmap to a Stronger Troop— (1 session) Ensure your Troop is strong and thriving for years to come. Learn strategies for parent volunteer recruitment, planning, and how to leave a legacy for your next unit leaders. 

210 Advanced Dutch Oven Cooking— (2 sessions) You've mastered chili and cornbread. Your chocolate cake with cherries is cooked, not burned. If you're ready for breads, stacking ovens and experimenting with lump charcoal this class is for you. **ALL**

211 Why NYLT? Youth Run Units!— (1 session) A panel of our outstanding NYLT youth leaders will field questions and give an overview of what occurs at NYLT and the benefits of sending your current and future unit leadership teams. And if you really want to ask adults questions, adult NYLT staff will be available as well. 

212 *New!* High Adventure Supply: Outdoor Gear for Scouting — (1 session) This class is directed to Scout Leaders, Parents, and Scouts. The course will cover what and how to select gear for personal use on camping and backpacking trips here in the Northwest. Where to find the best deals to purchase it. It will cover current and modern youth and adult backpacks, sleeping bags, mattresses, tents, cookware/eating gear, clothing and other essential items. Presented by High Adventure Supply. 

215 Time Management and Goal Setting (for YOUTH)— (1 session) Finding a successful time management strategy depends on each individual's personal ability to self-motivate and level of self-discipline. This course introduces established methods for improving a youth's ability to effectively manage a daily timeline in his or her life. This is a required class for the Discovery Rank. 

THANK YOU
for the 2022
Program & Training Conference!

Bruce Anderson	West Niver
Kevin Baker	Dori Ogami
Bill Beaumont	Curtis Paris
Jon Campbell	Dale Rae
Carol Cordray	Kat Ressler
Jaimie Geisert	Bradley Roberts
Wendy McBride	Kris Taylor
Jo Mockford	

216 Serving Scouts with Special Needs— (2 sessions) **ALL**
 This course will provide Commissioners and unit leaders with tips and ideas that promote inclusion of Scouts with disabilities, medical conditions, and aggressive or inattentive behaviors. Learn techniques on how to involve and manage youth to get better cooperation for smooth-running meetings.

217 New! Coaching Leaders (BCS 106)— (1 session) **ALL**
 In this course a commissioner will become familiar with the new Coaching model and how to use it to better serve their units. This class is relevant to all Scouters even though it was written for the Commissioner College. (Bachelor Commissioner Science 105)



**WHY GO TO
WOOD BADGE OR NYLT?**

Stronger units, stronger families, and stronger individuals at work, church, and play!

Time Block THREE

303 Cubmaster (& assistant) Training— (4 sessions) **ALL**
 Become Position Trained with this 4 session interactive training which covers the basics on the Cub Scout program and your role in the Pack as a Cubmaster or Assistant Cubmaster. Participants will learn tactics on how to be a successful Cubmaster, the Cub Scout Advancement program, and the importance of a strong Pack Program.

305 Blue & Gold— (1 session) **ALL**
 Come explore the possibilities for the birthday celebration of the Cub Scout program.

306 Mad Scientist!— (1 session) **ALL**
 Out of your league with science and technology? Learn how to make science fun with some simple experiments.

308 What the Order of the Arrow Can Do for Your Unit— (1 session) **ALL**
 The Order of the Arrow provides a venue for Scouts to further practice their leadership skills and to learn about the exciting activities from members of other Units. When they bring this practice and knowledge back to your Unit, you will benefit from improved youth leadership and new program ideas to excite your Scouts.

309 Eagle Boards of Review— (1 session) **ALL**
 How is the Eagle Board of Review different from other Boards of Review? Find out what to expect during the Eagle Board of Review. Discussion will also include boards under disputed circumstances and appeals.

311 Merit Badge Counselor Training— (1 session) **ALL**
 Merit badges are a cornerstone of Advancement. Over the years, there have been many changes in how merit badges are handled. Learn the latest National has to say on being an outstanding Merit Badge Counselor.

312 New! 2023 National and World Jamboree Scouting **ALL**
 (for YOUTH AND ADULTS)— (1 session) What is a National or World Jamboree and what should I expect? Why should I go? What are my options and requirements to go to a Jamboree? Chief Seattle is recruiting participants for the 2023 National Jamboree. This session is a chance to get answers to your questions! Course will be led by the Chief Seattle's 2023 National Jamboree Scoutmaster who is also a three time World Jamboree Scoutmaster.

313 Backpacking & Camping for Women— (1 session) **ALL**
 This is an information sharing session on the ins and outs of backpacking and camping for women. All ages & experience levels are welcome. Learn from experienced female backpackers. The more ideas, the better.

314 Winter Activity Safety— (1 session) **ALL**
 Learn the basics of avalanche safety, how to spot and avoid terrain hazards, and what to do when wild weather hits. Will also touch on the proper use of equipment and clothing. Great for everyone from experienced winter sports enthusiasts to beginners.

Have you made your 2023 plans for
SUMMER CAMP?
No? It is time to make your reservation!

315 Coaching and Mentoring (for YOUTH)— (1 session) **ALL**
 Improve your understanding of how to mentor other members of the crew and appreciate the role mentoring plays in personal growth and leadership for both the mentee and mentor. This course must be completed before serving as a peer-mentor, and is a required for the Summit Rank.

317 Detailed Assessments and Unit Service Plan— (1 session) **ALL**
 Introduction to new digital tools available now from BSA with an emphasis on Commissioners' use of the tools to better serve their Units and Districts.

Time Block FOUR
Lunch Forums for ALL

Effective Fundraising for Your Unit— Featuring a panel of experts, discuss with other leaders regarding effective fundraising activities, as well as challenges, including Popcorn and Tree Recycling.

Q&A with Council Leadership— With all the challenges of the last few years, where is Scouting in Chief Seattle going? Come meet your council-level leadership and ask!

Scouts BSA Girl Troops— Discuss with other leaders of Girl Units regarding what is working and what are their challenges.

Venturing— Come and meet with other Venturing Leaders from all over Council for this facilitated discussion. Network, get new ideas, brainstorm solutions to challenges and discuss best practice.

Time Block FIVE

401 Planning an Engaging Cub Scout Program— (1 session) **ALL**
 Come and learn how a Pack can plan and budget a compelling and engaging year of Cub Scouting. From Annual Program Planning for the Pack and Dens to monthly committee meetings, streamlining this process truly improves your Pack health.

405 Districts: What Every Cub Scout Leader Should Know— (1 session) **ALL**
 Are you curious about events that happen outside of your Pack or how your Pack compares to others? Have you wondered how other local Den Leaders are teaching the same adventures you are? The District is a great way to build your network and your Pack's involvement in the community. The purpose of the District Committee is to support you, your pack and your den. This course covers what the District is

and who makes up the District Committee. Learn about what happens at Roundtable and how attendance and participation in the District can benefit your Pack.

406 Games, Games, & More Games! (for ADULTS)— (2 sessions) Learn about, and play, some themed games! Includes gathering games, games that pair well with den meeting achievements, virtual games, and quiet games that Cub Scouts can play while they're waiting on field trips. 

408 Troop Committee Training— (3 sessions) This leader-specific training is for everyone on the Troop committee and parents (and is useful for Scoutmasters and assistants). It provides an overview of all the positions of the committee and how they contribute to the success of a Troop. The PLUS? Tips on how you can take this training back to your unit as a team-building training for YOUR committee. 

409 How Troops Successfully Grow— (1 session) How do troops create a culture of successfully growing? What they do, why they do it. Listen to what successful troops have done, and share concerns and ideas. 

410 Unit Advancement Chair Training— (1 session) Learn what it takes to be a good Advancement Chair for your unit, whether it be a pack, troop, crew, or ship.    

411 Explore the Patrol Method (for YOUTH)— (1 session) This class is what a Scout Needs to Know! Discuss and experience the Patrol Method for your Troop. Adults are welcome, but will be bumped for Scouts if needed. 

412 New! Mental Health Challenges for Troops and Crews (ADULTS Only)— (1 session) We are finding that mental health issues are cropping up consistently in Troops and Crews. Adult leaders, especially unit leaders seldom have the professional skill or specific training to recognize and deal with these youth and parents. This course will give you the highlights of the common mental health issues you will run across and suggested methods and resources to successfully intervene.    

413 Ultra Light Backpacking— (1 session) Discussion will include types of gear, places to find ultra-light gear, costs, and age appropriateness.   

414 Scoutbook— (1 session) Get help with getting the most out of Scoutbook, keeping up with changes, and get your questions about Scoutbook answered. **ALL**

415 Conflict Management (for YOUTH)— (1 session) Even the most effective communicators experience conflict. This class will examine some common pitfalls, and practice ways to avoid them.   

416 District Commissioner (and ADC) Training— (1 session) Learn to be a more effective District Commissioner or Assistant District Commissioner, supporting Unit Commissioners as they help their units deliver a quality Scouting program. 

417 New! Resolving Common Unit Issues (BCS 105)— (1 session) This course will build the commissioner's knowledge of the early warning signs of a unit in danger of failing as well as group discussions about how to support problem-solving of some common issues. This class is relevant to all Scouters even though it was written for the Commissioner College. (Bachelor Commissioner Science 105)     

We must change [youth] from a 'what can I get' to a 'what can I give' attitude.
—Robert Baden-Powell

Time Block SIX

501 Cub Crafts— (1 session) Cub Scouts enjoy creating, even in a virtual environment. Get ideas involving crafts and wood-working you can use as you help your Cub Scouts advance. Class will also discuss tips and tricks for crafting during virtual meetings. 

502 New! Creating a Safe Cub Environment— (1 session) Come and learn about how to ethically lead your Cub scouts. From practicing and teaching ethics, to helping facilitate friendships and involvement in the Pack, you will gain insight how to keep the fun in your safe and educational fundamentals! 

504 Recruiting and Retaining Cub Scout Leaders — Starting from Join Night— (1 session) Recruiting and retaining Cub Scout leaders is vital to improving the quality and diversity of the program and growing the pack. Yet recruiting new leaders and retaining good leaders from year to year can be a challenge. This course will offer useful recruiting ideas and techniques to finding potential leadership talent within your pack, and for approaching and cultivating prospective volunteers starting at join night. This course will discuss encouraging volunteerism of all families, retention of quality adult leadership, including the importance of communicating with, and recognizing and rewarding successful adult leaders and volunteers.  

505 Preventing Cub Leader Burnout— (1 session) Help on caring for great Cub Scout Volunteers (including yourself) so they stay great. 

509 Let's Go Winter Camping!— (1 session) Winter camping is a great way to keep the "Outing in Scouting" during our coldest season, whether that be car camping or traveling into the back country. Come join our classroom session to learn more about the proper clothing, nutrition, cooking, safety consideration, equipment, and logistics needed to keep your unit active and engaged throughout this season.   

T'Kope Kwiskwis Lodge



ORDER OF THE ARROW
BOY SCOUTS OF AMERICA

25 Years of OA High Adventure

Did you know the High Adventure Bases have treks just for OA members?
Interested? oa-bsa.org/article/25-years-oa-high-adventure.

510 Cooking and Menus for Special Dietary Needs— (1 session) Learn how to prepare delicious meals the entire group can enjoy. This course will define a variety of special diets and food allergies, including gluten-free, dairy-free, vegan. We will cover safety precautions for food allergies, as well as simple substitutions. Sample menus will be presented for campouts and backpacking. **ALL**

511 What is Venturing?— (1 session) Curious about Venturing – the Scouting program for youth ages 14-20? Come check out this class and learn about Venturing – the Scouting program that opens the doors of limitless possibilities to all of our youth over 14 years old. 

512 Outdoor Ethics Orientation— (2 sessions) Qualifies participants to facilitate outdoor ethics activities required for their Scouts and Scouters to earn the Outdoor Ethics Awareness Award. Topics include the Outdoor Code, principles of Leave No Trace and Tread Lightly!, the Land Ethic, and the Outdoor Ethics Awareness and Action Awards program. **ALL**

513 Introduction to Shooting Sports— (1 session) Learn about rifle, shotgun, muzzleloading, archery, and pistol shooting opportunities at the unit, district, and council levels, as well as certification and training opportunities for volunteers. 

514 Bicycle Touring, Local to International— (1 session) Learn how to help your Scouts plan, prepare, and lead a high adventure bicycle tour. We'll cover route planning, gear, preparation, and logistics. Think Olympic Peninsula to Switzerland. 

515 Kodiak and NAYLE Introduction— (1 session) Explore what Kodiak and NAYLE experiences are about. Fun and interactive training. 

516 River Recreation Whitewater Rafting: River Safety — (1 session) A quick intro to some basic river safety techniques and rules to keep you safe in a river environment. Presented by River Recreation Whitewater Rafting. 

517 Commissioner Tools— (1 session) Introduction to the digital tools available from BSA with an emphasis on Commissioners' use of the tools to better serve their Units and Districts. 

A man can fail many times but he isn't a failure until he begins to blame someone else.
—Waite Phillips

Time Block SEVEN

601 Drug & Alcohol Awareness for Scouts (for YOUTH: 2nd Class Req)— (1 session) This class fulfills the Second Class Requirement 7c: Participate in a school, community, or troop program on the dangers of using drugs, alcohol, and tobacco. **Y**

602 Den Discipline— (1 session) Reinforcement for Good Den Behavior, adjusting for active children. Decisions about meeting times, understanding medications, etc. 

604 New! Summertime Planning for Packs— (1 session) Come learn how to keep your pack spirit and fun up through the summer. From different types of Cub Camps to the Summertime Pack Award, come share ways to beat the heat while keeping your Scouts engaged in the summer. 

605 Campfire Skits & Songs— (1 session) Campfires are at the heart of Scouting Tradition and Songs help **ALL**

demonstrate Scout Spirit. Explore how to plan and execute a memorable campfire program, in person or virtually, as well as how to integrate songs into meetings and other events. Learn tips and tricks for what to do when the weather goes bad and how to teach songs.

606 Integrating STEM into Scouting Programs— (1 session) Our area is a hotbed of Science and Engineering. Learn techniques to integrate STEM into your program to take advantage of local resource and attract new youth. 

609 Expanding your Girl Troop— (1 session) What you need to know to recruit and expand your troop for girls, beyond your daughter's brother's troop. Examples such as crossing over from various Cub Scout packs and bringing their friends into Troops. Additionally, strengthening their troop by recognizing the freedom the Scouts can experience on their own. 

610 Cooking & Menus in the Back & Front Country— (1 session) Create balanced menus and inexpensive backcountry meals. Learn to dehydrate food, determine quantities, repackage, store, and prepare. Sample menus will be presented for weekend and week-long outings. 

611 New! Beyond training - Taking Your Crew on the Road— (1 session) Get ideas on the various activities and treks your crew can do. A listing of resources to get consultants will be handed out. Also ideas to make a successful activity will be discussed. This is an interactive class so bring ideas of activities your crew has done. 

613 Learn About Sea Scouting— (1 session) This valuable session provides an overview of the Sea Scouting program; how it operates and where to find the active ships, and learn about fun and challenging activities your unit can do with ships. Participants will have the opportunity to visit a Sea Scout Ship at a later date. 

614 International Scouting Overview— (1 session) Learn about Scouting around the world and how to connect through interaction and service. Learn how Cub Scouts, Scouts BSA, and older youth through adults can participate. **ALL**

615 Project Management (for YOUTH)— (1 session) Learn how to plan and safely execute a project that achieves your objectives and gets the job done on time and in budget. This is a required class for the Pathfinder Award. 

616 Unit Tools at my.Scouting.org— (1 session) This class will cover the Unit Tools at my.Scouting.org, including membership, announcement, calendar, and training tools. If we have time we will work with you individually, so please bring your My.Scouting.org login and password. 

617 New! Recruiting Volunteers— (1 session) A Scout is Helpful. We are a volunteer organization... *volunteer driven, professionally guided*. Attending this class will give you tools to help you recruit and develop more effective volunteers. 

Wherever you go,
no matter what the weather,
always bring your own sunshine.
—Anthony J. D'Angelo