

**Post-Event Follow-Up Sheet**

COVID-19 is caused by a virus that can be spread by a person who does not have any symptoms. To best protect our communities and everyone in camp, we ask you to contact us if you, your child, or anyone in the household of the camper develop any symptoms that COULD represent COVID-19.

If you think you have developed ANY of these symptoms, please contact your Primary Care Provider (PCP) to discuss the symptoms and to determine if you need COVID-19 testing.

**Symptoms:** If you develop any ONE of these, contact your personal health care provider:

- Cough
- Increasing shortness of breath or difficulty breathing (Worse than usual)
- Fever (Over 100.4° F)
- Chills
- Repeated shaking with chills
- Muscle pain
- Headache
- Sore throat
- GI Symptoms (new nausea, vomiting, or diarrhea).
- New loss of taste or smell

Please call the Camping Department - 206-725-5200 if you have positive test for COVID-19, develop these symptoms, or are admitted to the hospital for any of the above symptoms within 2 weeks of your departure from camp.

**The 14-day window for you will end on:** \_\_\_\_\_