

Troop 571 Florida Sea Base 2021 Coral Reef Sailing Adventure



Camp Sawyer
33990 Overseas Hwy
Big Pine Key, FL 33043

- Driving from Ft. Lauderdale: ~4 hrs.
- Driving from Miami: ~3.5 hrs.
- Driving from Key West: ~1 hr.

Brinton Environmental Center, MM 23.8

Camp Sawyer, MM 34
First Two Nights here

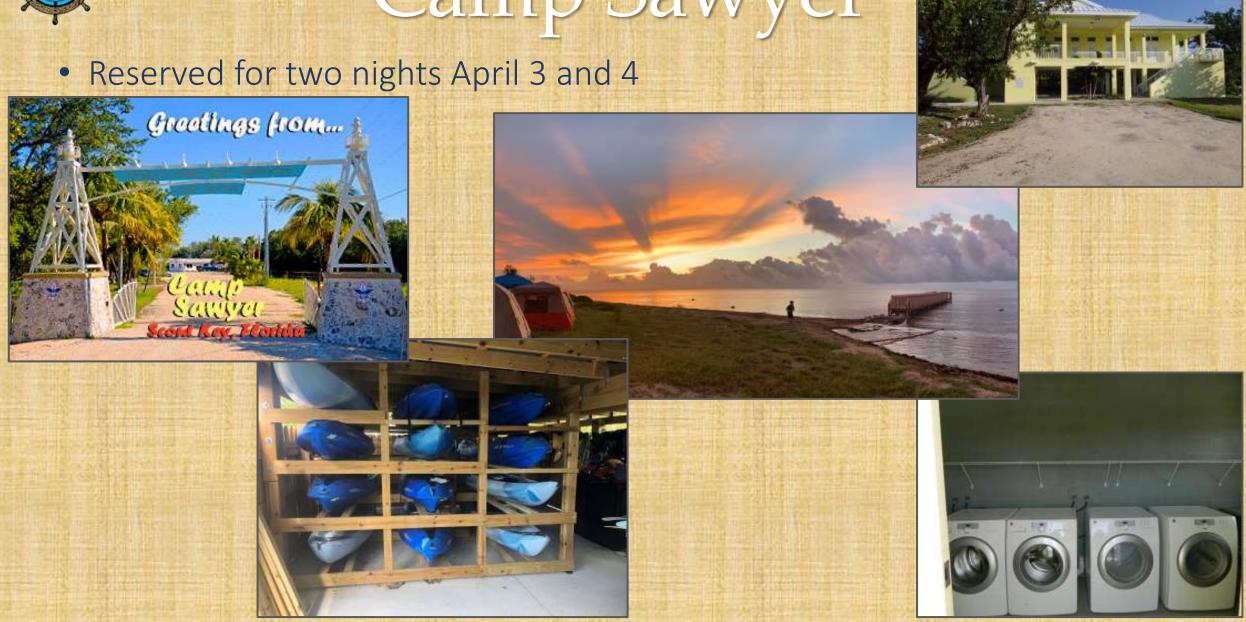








Camp Sawyer





Camp Sawyer





Arrival & Registration

- Arrive at the Florida Sea Base between
 1 3 PM
- Check in and review documents
- Meet your Coral Reef Sailing Adventure Captain
- Issue Snorkel Gear (flippers only)*
- BSA Swim Review & Snorkel Lesson
- Begin orientation and load onto Sea Base sailing vessel
- Sail!



^{*} Each participant must bring or purchase their own a snorkel and mask.



Required Paperwork

Sea Base Check-In Documents

- ✓ Crew Roster
- ✓ BSA Health and Medical Records
- ✓ Unit Swim Classification Record
- ✓ Adult Leader Training Certificates
- ✓ WFA & CPR/AED Training Certificate(s)



All copies of forms should be placed in a folder or notebook and submitted upon arrival during check in. Please refrain from using plastic sleeves to ensure a timely check in process.



Eligibility Requirements

- ✓ Crew Rosters completed 90 days prior to arrival
- ✓ All participants must be 13 years of age or older
- ✓ All adult leaders must be registered with the BSA
- ✓ All adult leaders must complete the following adult leader trainings: BSA Safe Swim Defense, BSA Safety Afloat, BSA Hazardous Weather, BSA Youth Protection. Please provide copies of certificates upon arrival
- ✓ At least one adult leader per crew must have Wilderness First Aid and CPR/AED certifications. Please provide copies of certifications upon arrival

- ✓ All participants must pass the BSA Swim Test prior to arrival as a Swimmer, evidenced by the Unit Swim Classification Record. All participants must complete the Sea Base Swim Review upon arrival. Non-swimmers will be sent home at their own expense.
- ✓ Sea Base participants should meet the BSA Height and Weight Guidelines. Exceptions may be made for individuals who do not exceed the BSA H&W Guidelines by more than 20 pounds. To receive an exception, the participant must provide a letter from their physician stating that they are in good health and are approved for participation. No participant, regardless of height, may weigh more than 295 pounds.

Needed from ALL Participants

- BSA Medical Form
 - Sea Base Specific Version
 - Part C needs to be signed by a doctor as part of your annual physical
 - Pages 5 & 6 are Sea Base specific considerations that should be discussed with your physician
- Unit Swim Classification Record
 - Most completed 10/4/2020
 - Reminder planned for Wed 1/13/2021 at Lakeside Pool in Klahanie
- Copies of Insurance Cards (front and back)
- Please send copies to Mr. Fischer as soon as available



Needed from Adult Participants

Training Required - ALL adult participants

- BSA Safe Swim Certificate
- BSA Safety Afloat Certificate
- BSA Youth Protection Certificate
- BSA Hazardous Weather Certificate

Training Required - One Adult per Crew

- Wilderness First Aid Certificate
- CPR/AED Certificate
- Please send copies of certificates to Ken Fischer as soon as available

Welcome to Sea Base Food Service

- We provide healthy options at all our meals: Proteins, Starch,
 Fruit and Vegetables. PB& J and Fruit available 24/7!
- If you have a Food Allergy or Restriction, please fill out a form and notify us via email:
 - FSB.Galley@scouting.org at least 14 days in advance of your arrival!
 - Looking for an adult to collect these for both crews and send as a package no later than Mar 1.
- We will do our best to provide you with appropriate substitutions or alternatives. We cannot guarantee equal substitutions for all items served at a meal but we will try.
- As our standard, we offer: Dairy-free bread and bagels, Gluten-free breakfast sausage, Vegetarian options at all meals (even if it is the hot starch, vegetable and salad bar). We do not use any peanut or nut base oils (except olive) and use a rice bran oil in our fryers.

FLORIDA SEA BASE DIETA	ARY NOTIFICATION FORM
Email FORM to FSB.Galley@scouting.org	s/v
We must receive this form 14 days prior to you substitutions. THESE ITEMS ARE SUPPLIED BA! to accommodate your needs, however for cert to multiple items) or diet restrictions we may as	SED UPON AVAILABILITY. We will do our best ain severe allergies (especially a person allergie
Please fill out ONE (1) FORM PER INDIVIDU	AL with a dietary restriction and bring a copy.
ALL FIELDS A	RE REQUIRED
Florida Sea Base Adventure Number (i.e. CR010	0114A)
Name of person with Restriction	
Email / Phone # (of youth parent or adult)	
Type of Allergy / Restriction (i.e. peanut allergy	y, gluten-free, vegetarian, no pork etc.)
If an allergy, it is by? Please Circle all that apply: Ing Other Severity of Allergy (i.e. anaph)	
is Allergy / Restriction controlled or treats	
If so, will participant have this Medication	on this adventure? Circle one YES NO
What type of Medication	7
List Symptoms Experienced (i.e. vomiti	ing, dizziness)
Additional information /substitution suggestion	ns useful to Food Service and the Commissaryi
For office was easied	ADIO
For office use, only!	ADVW:
Scout Name	s/v
ALLERGY / RESTRICTION	DATE



Frequently Asked Questions

Q: What if I arrive at Sea Base and I exceed the weight requirements? A: You will not be permitted to participate or stay at Sea Base.

Maximum Weight for Height Chart								
Height (Inches)	Max. Weight (lbs.)	Height (Inches)	Max. Weight (lbs.)	Height (Inches)	Max. Weight (lbs.)	Height (Inches)	Max. Weight (lbs.)	
60	166	65	195	70	226	75	260	
61	172	66	201	71	233	76	267	
62	178	67	207	72	239	77	274	
63	183	68	214	73	246	78	281	
64	189	69	220	74	252	79	295	



Frequently Asked Questions

Q: What if I cannot pass the BSA Swim Test prior to arrival? A: You will not be permitted to participate or stay at Sea Base.

Q: What if I cannot complete the Sea Base Swim Review upon arrival? A: You will not be permitted to participate or stay at Sea Base.

Q: What if I arrive without a signed medical? A: All medical documentation must be taken care of in advance and signed by a physician. You will not be permitted to participate or stay at Sea Base.

Q: Do crew members need to purchase a fishing license? A: Crews do not need to purchase individual fishing licenses. All sailing vessels will have fishing permits.

COVID Safety

Pre-Trek Planning, Unit Screening

- Cohorts and Social Distancing: Due to the nature of Sea Base programs, participants within
 a crew cannot be expected to socially distance from one another. As a result, each crew will
 be treated as a cohort. Cohorts will not be permitted to interact with other cohorts or
 unassigned staff members.
- Know Before You Go: Units traveling from areas experiencing community spread, at the time of their scheduled arrival, are not eligible to attend Sea Base. Impacted units will be contacted by Sea Base.
- Required Unit Screening: Crews must set a date, 1-2 days prior to travel, to complete the
 required Sea Base Pre-Event Medical Screening Checklist. The document must be
 submitted upon arrival.
- Illness Restrictions: Sick individuals are not eligible to attend Sea Base.
- Temperature Restrictions: Individuals with elevated temperatures, above 100.4, are not eligible to attend Sea Base.
- Illness/Temperature Restrictions Impacting Crews: Units arriving with (1) or more participants who are sick or have an elevated temperature will be sent to a physician for treatment/testing. If (1) or more members of the crew test positive for a communicable illness/disease, including COVID-19, the crew will not be permitted to remain onsite.
- Chronic Medical Conditions: Individuals with serious, chronic, medical conditions should seek medical advice from their physician prior to attending Sea Base.



Preparing for Sea Base Fall, Winter, & Spring 2021

Communication for Adult Leaders & Parents
v19/42929

COVID Safety, Part 2

Pre-Trek Planning, Unit Screening

- Travel Restrictions: Participants who have traveled outside of the continental United States in the last 1-14 days are not eligible to attend Sea Base unless they have been tested for and cleared of COVID-19.
- Exposure Restrictions: Participants who have been exposed to COVID-19 in the last 1-14 days are not eligible to attend Sea Base unless they have been tested for and cleared of COVID-19.
- **Pre-Trek Social Distancing:** Crews must communicate to participants that they should ensure proper distancing between participants and others, other than immediate family members, 2 weeks prior to attending Sea Base whenever possible.
- Pre-Trek Social Distancing: Crews must communicate to participants and parents that they
 should require immediate family members to socially distance 2 weeks prior to their family
 members arrival at Sea Base whenever possible.
- Hand Sanitizer Requirement: Crews must purchase or require each participant to purchase sufficient hand sanitizer to last the duration of the trip to and from Sea Base.
- Facial Covering Requirement: Crews must purchase or require each person to purchase a
 facial covering. Sea Base recommends a "Buff" or "Gaiter" style facial covering like those
 available at Sea Base Ship Store. Facial coverings must be worn anytime a crew is in
 common areas where they might encounter individuals from other crews or unassigned
 staff members, food service areas, retail stores, check-in, aboard vessels with other crews.

Pre-Event Medical Screening Checklist Thin is a tool to assist loaders in identifying potentially communicative diseases in advance of event purficipat

and the material of the committee of the	bea an elementer transmissarie on
this checkfist is to review with each participant their current health status both before departure and	torone author benfore accord
this criticistic is to review with outsi participant treer current results status both certain adjustment and	a reform recovers are one owerer

Has the participant had any of the following symptoms in the la	at 24 hours?
---	--------------

- Fever (100.4 F or greater)
- ☐ Vomiting
- ☐ Diarrhea

If the participant has fever, vomiting, OR diarrhen—he or she should stay home.

Has the participant had any of the following symptoms in the last 24 hours?

- Unexplained extreme fatigue or muscle aches
- Ci. Bash
- Cough Cough
- ☐ Sore throat
- □ Open sore

If the participant has any two (or more) of these symptoms—he or she should stay home. If the participant has one of those symptoms, discuss any finitations and restrictions and consider having him or her stay home.

Participanto who become ill should not return to the activity until they are cleared by a health-care provider

COVID Safety, Part 3

Pre-Trek Planning, Unit Screening

- Snorkel & Mask Requirement: Due to COVID-19, Sea Base will no longer provide masks and snorkels. Crews must purchase or require each participant to purchase a snorkel and mask. Sea Base recommends that individuals purchase quality masks and snorkels as "inexpensive" masks and snorkels often leak, fit poorly or break. Quality, discounted, masks and snorkels are available at Sea Base Ship Store.
- Sanitation Chief: Each crew must elect/assign a youth member of your crew to act as the Sanitation Chief for the duration of your adventure.
- Crew Participation Model and Social Distancing: Due to the nature of program types, activities and safety requirements, it is not possible for Sea Base to socially distance within a crew (person to person) or distance the crew from assigned staff members.
- Social Distancing Requirements: Crews are required to socially distance from other crews, the public and non-assigned staff members. Crews refusing to socially distance will not be permitted to remain onsite.
- Travel Types: Crews should avoid traveling to Sea Base aboard trains or busses unless the provider has social distancing and air purification plans in place.





COVID Safety, Part 4

Traveling to Sea Base

Units traveling to Sea Base should take the following precautions to limit the risk of contracting COVID-19 while traveling to and/from Sea Base:

- Sickness: Do not allow participants who are sick to travel.
- Exposure: Do not allow participants who have been exposed to COVID-19 to travel.
- · Handwashing: Wash hands frequently.
- Touching: Avoid touching eyes, nose, mouth.
- Hand Sanitation: Bring hand sanitizer containing at least 60% alcohol & use frequently.
- Facial Covering: Bring and use facial coverings.
- Touching: Avoid unnecessary touching of handrails, doors, etc.
- Social Distancing: Avoid close contact with non-crew members, within 6ft.
- Food Service: Pick up food at drive-throughs, curbside delivery, or stores.
- Stops: Limit non-essential stops.
- Transportation: Avoid trains and busses unless the provider has social distancing and air purification plans in place.



Youth Leadership Elections

Youth Crew Leader (1 per crew)

 Sea Base should be a youth led adventure. Crews must elect a seasoned crew leader prior to onsite arrival. Sea Base should not be the youths first leadership experience. Youth will make duty assignments for both youth and adults. Ensure that those duties are completed and follow up with the crew when they are not.

Quartermaster (1 for full contingent)

 Organize and look after all troop gear during the trip. In particular, this scout needs to put together two Sea Base specific first aid kits including any over the counter medications that might be needed.

Crew #1

- John Bien
- Robert Fischer
- Arjun Mandadi
- Nolan Menting
- Connor Russi
- Ken Fischer (Adult)
- Darryl Russi (Adult)
- Don Smith (Adult)

Crew #2

- Noah Burtness
- Ian Drapp
- Jack Knudson
- Colin Shamp
- Will Wilems
- Andrew Drapp (Adult)
- Brent Knudson (Adult)
- Jason Shamp (Adult)

Youth Leadership Elections

Sanitization Chief (1 per crew)

- Each crew must elect/assign a youth member of your crew to act as the Sanitation Chief for the duration of your adventure.
 Responsibilities will include:
 - Instructing/reminding crew members to socially distance from other travelers, other crews, staff members.
 - Instructing/reminding crew members not to touch their eyes, nose, mouth.
 - Instructing/reminding crew members to wash hands and use hand sanitizer.
 - Instructing/reminding crew members to wear facial coverings.
 - Instructing/reminding crew members to sanitize vessels/dormitories.

Crew #1

- John Bien
- Robert Fischer
- Arjun Mandadi
- Nolan Menting
- Connor Russi
- Ken Fischer (Adult)
- Darryl Russi (Adult)
- Don Smith (Adult)

Crew #2

- Noah Burtness
- Ian Drapp
- Jack Knudson
- Colin Shamp
- Will Wilems
- Andrew Drapp (Adult)
- Brent Knudson (Adult)
- Jason Shamp (Adult)



Certifications & Awards

S.C.E.N.E.

Duty to God

Kayaking BSA

Snorkel BSA

Stand Up Paddleboard BSA











In our wonderful Ship Store you and your crew can find just about anything! Fun T-Shirts, water bottles, hammocks, key chains, belts and a whole lot more.

Can't Pack it on the airplane? No Problem!

We have plenty of sunscreen, bug spray and any other camping necessities you may need.

Ship Store

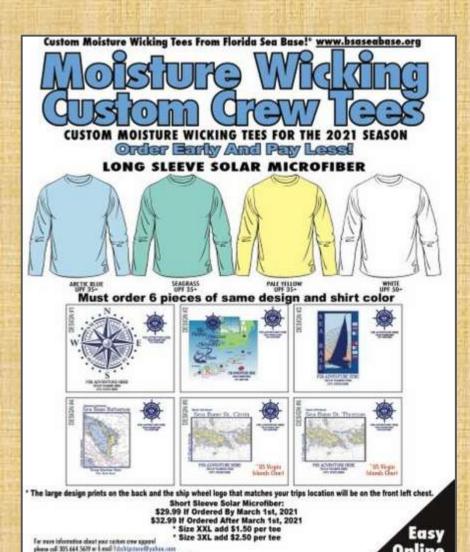


Visit the Ship Store website at www.fsbshipstore.com

Custom Crew Gear

Ordering

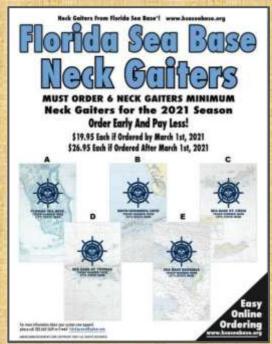
www.bsaseabase.org



THE TOTAL BUT ACTIVITIES OF THE AND BROW AS APPROXIMATED OF ACTIVE, SHE SANDECHMAIN DOUBLE OF ACTIVE SHE SANDECHMAIN SOLD ALL BUT AND BUT AND

tasks as after agricult trabasats or trabasats of the faces of Aspera in the United Vision and / or other countries. Manufactured under Section 48 cights married.



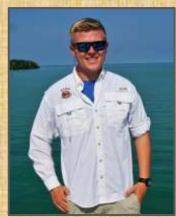












Travel

- All scouts and adults travel in Class A uniform
- Air Travel Options
- Ground Travel Options



Air Travel

- Direct vs. One Stop Flights
- Day vs. Overnight Flights
- Some options require missing one or two days school



Flight

Alaska Alaska 356

Main (L) | Nonstop | Details

Distance: 2,712 mi | Duration: 5h

55m

Departs

Seattle (SEA) Fri, Apr 2 9:10 pm

Arrives

Fort Lauderdale (FLL) + Sat, Apr 3 6:05 am

Alaska Alaska 1107

Main (V) | Nonstop | Details

Distance: 2,712 mi | Duration: 6h

30m

Fort Lauderdale (FLL) Mon, Apr 12 6:25 pm Seattle (SEA) Mon, Apr 12 9:55 pm Price for 1 passenger \$592.80

Taxes, fees and charges

Price guarantee

Shop again using a <u>discount or</u> companion fare code.

Ground Travel

- Rent Large Van and Minivan
 - Option to return one or both vehicles at Avis in Marathon or Islamorada while sailing
 - Keep Both Cars
 - o Van (12): \$623+\$190.06 = \$813.06
 - o Minivan (7): \$385 + \$145.1 = \$530.1
 - Total: \$1343.16/16 = \$83.95
 - Keep Minivan & Exchange Large Van
 - o Mini \$530.1
 - Van part 1 \$227
 - o Van part 2 \$109
 - o \$856/16 = \$53.5
 - No car hold over
 - o Van part 1 \$227
 - Van part 2 \$109
 - Minivan part1 = \$220.97
 - Minivan part2 = \$68
 - o Uber = \$120
 - o \$745/16 = \$46.56





Topics for Prep Meetings

- Custom Crew Gear and Ship Store Orders
- Confirm medical forms and adult training
- Discuss individual packing list
- Choices on sightseeing and ground activities before/after Sea Base
- Training Videos
 - A Reef Etiquette (produced by NOAA)
 - US Sailing: Parts of Boat
 - US Sailing: Parts of a Rig
 - US Sailing: Points of Sail

