

# PROGRAM & TRAINING CONFERENCE Return to the Adventure

through Advancement, Camping, and Training "ACT XVI"

Progra

RETURN TO THE ADVENTURE

### WHY NO LOCATION OR PRICE FOR PTC YET?

Though restrictions on gatherings are relaxing, many venues are still hesitant to have large gatherings.

## SATURDAY, OCTOBER 23<sup>RD</sup> FROM 8:30 AM\* TO 3:45 PM EARLY-BIRD \$TBD

After Sunday, October 17 (11:59 pm): goes up \$5 \*Start time for the Opening

2021



### **PROGRAM AND TRAINING CONFERENCE**

### LOOKING TO GET YOUR TRAINED STRIP AT Program and Training Conference?

For CREDIT, we need to know who you are. Your feedback survey is one of the ways we take role so PLEASE turn it in.

**To FINISH your training,** go online at <u>my.Scouting.org</u> and take Youth Protection. If you are a Scoutmaster, or an assistant you will also need to take Introduction to Outdoor Leader Skills to earn your trained strip. Go to <u>www.SeattleBSA.org/Training–Calendar</u> for more information.

PATCHES will be handed out at the end of the last class of th eday or if you are attending virtually, mailed (within the US).

### Schedule Suggestions:



### These are only suggestions. You may take anything that interests you!

**ELECTIVES** are any classes not required for being 'trained.' Units whose leaders come as a group to Program and Training Conference and take a variety of electives bring home the most ideas for a better Program! So feel free to select you own electives.

### Cub Scout Adults -

### If you are a new Den Leader or assistant –

Sessions 1-4: **102 – Den Leader (& assistant) Trng** Session 5: (ELECTIVE) **502 –** Den Discipline Session 6: (ELECTIVE) **602–** What Every Cub Scout Leader Should Know About the District

### If you are a new Cubmaster or assistant -

Session 1: (ELECTIVE) **103 –** Whittling Chip Session 2: (ELECTIVE) **203 –** Making Cubs Feel Welcome Sessions 3-6: **303 – Cubmaster (& assistant) Training** 

### If you are a new **Pack Committee Chair or member** – Sessions 1-4: 104 – **Pack Committee Training** Session 5: (ELECTIVE) **504** – Recruiting and Retaining Cub Scout Leaders

Session 6: (ELECTIVE) 604 - Preventing Burnout

### Scouts BSA Adults -

If you are a new Scoutmaster or assistant – Sessions 1-6: 107 – Scoutmaster (& assistant) Trng

### If you are a new Troop Committee Chair or member -

Session 1: (ELECTIVE) **108** – Webelos to Scout Transition Session 2: (ELECTIVE) **208** – Roadmap to a Stronger Troop Session 3: (ELECTIVE) **308** – What the Order of the Arrow Can Do for Your Unit

### Sessions 4-6: 408 – Troop Committee Training

### Venturing Adults -

If you are a new Crew Advisor or associate -

Sessions 1-4: **116 VERT – Venturing Advisor (& associate) Training** Session 5: (ELECTIVE) **515.2** – Working with Youth Leaders Session 6: (ELECTIVE) **616** – Kodiak and NAYLE Explained

### If you are a new Crew Committee Chair or member -

Sessions 1-2: 117 – Crew Committee Training

Session 3: (ELECTIVE) **313** – Backpacking and Camping for Women OR **317** – Winter Activity Safety

- Session 4: (ELECTIVE) 417 Mountaineering
- Session 5: (ELECTIVE) 515.2 Working with Youth Leaders
- Session 6: (ELECTIVE) 616 Kodiak and NAYLE Explained

### Commissioners –

If you are a new Commissioner -

Sessions 1-3: **118 – Unit Commissioner Training** Session 4: (ELECTIVE) **418 VERT –** Scoutbook Q&A Session 5: (ELECTIVE) **519 –** Detailed Assessments and Unit Service Plan

Session 6: (ELECTIVE) 619 – What is Really Commissioner Service?

### If you are a new District Commissioner or ADC -

Sessions 1-3: **118 – Unit Commissioner Training** Session 4: **419 – District Commissioner (& ADC) Training** Session 5: (ELECTIVE) **519 –** Detailed Assessments and Unit Service Plan Session 6: (ELECTIVE) **619 –** What is Really Commissioner Service?

### Youth -

If you are a new Den Chief – Sessions 1-3: 101 F2F – Den Chief Training

Session 4: (ELECTIVE) **411** – Exploring the Patrol Method OR **401 F2F** – Drug & Alcohol Awareness (2<sup>nd</sup> Class req) Session 5: (ELECTIVE) **501 F2F** – Scout Food Session 6: (ELECTIVE) **601 F2F** – Scout Games

### For older Youth -

Sessions 1: (ELECTIVE) 110 – Dutch Oven Cooking Basics OR 115 – Running a Successful Crew Meeting
Sessions 2: (ELECTIVE) 215 – Time Management & Goal Setting
Sessions 3: (ELECTIVE) 315 – Coaching and Mentoring
Session 4: (ELECTIVE) 411 – Exploring the Patrol Method OR 415 – Conflict Management
Session 5: (ELECTIVE) 515.1 – Working with Adult Leaders
Session 6: (ELECTIVE) 616 – Kodiak and NAYLE Training

For more details, go to: SeattleBSA.org/PTC. Email questions to <u>ChiefSeattlePTC@gmail.com</u>. For descriptions that will help you choose the classes that are best for YOU, go to SeattleBSA.org/PTC.

Classes with VIRT (VIRTual) after the number can only be taken online (but may be viewed att our Face-to-Face site on your own laptop or device). All other classes are planned to be taken in person, but may also be streamed on your own computer or device at home. Classes with F2F (Face-to-Face) after the number can only be taken in person.

				Th	ank you for	coming and I	have a great	evening			
Session SIX	2:45 - 3:45	Scout Games (for YOUTH)	Campfire Skits and Songs (Entirely Outdoors)		New! Preventing Cub Leader Burnout	What Every Cub Scout Leader Should Know About the District	Planning an Engaging Cub Scout Program	_			Cooking and Menus for Special Dietary Needs
		601 F2F	602	Cubmaster (& assistant) Training	604	605	606	raining	Troop Committee Training		610
Session FIVE	1:45 - 2:45	Scout Food (for YOUTH, Entirely Outdoors)	<b>New!</b> Den Discipline		Recruiting and Retaining Cub Scout Leaders	Cub Crafts	Games, Games, & More Games! (for Adults)	Scoutmaster (& assistant) Training		Merit Badge Counselor Training	Cooking & Menus in the Back & Front Country
		501 F2F	502		504	505				509	510
Session FOUR	12:45 - 1:45	Drug & Alcohol Awareness for Scouts (YOUTH: 2nd Cl Req)	Den Leader (& assistant) Training		Pack Committee Training	Cub Scout Derbies	Games, Gam (f			How Troops Successfully Grow	
		401 F2F	102 cont	303 cont	104 cont	405	406	107 cont	408	409	
	LUNCH	BRING YOUR OWN LUNCH 12:00-12:45 Open Forum Topics: Effective Fundraising for Your Unit; Scouts BSA Girl Troops; Venturing									
	3	ope		DICS: ETT		aising for Yo	ur Unit;	Scouts BSA	Girl Troops;	ventui	ring
Session THREE	12:00			Cubmaster (& assistant) Training		Blue and Gold	Mad Scientist!		What the Order of the Arrow Can Do for Your Unit	ventui	Cooking
THREE	12:00			303 Cubmaster (& assistant) Training		305 Blue and Gold	Scientist!		What the Order of 308 the Arrow Can Do for Your Unit	ventu	Cooking
THREE	11:00 - 12:00			Making Cub Scouts 303 Cubmaster (& Welcome assistant) Training	Pack Committee Training	Building a Successful Cub Scout Recruitment Plan	Mad Scientist!		Roadmap to a 308 What the Order of the Arrow Can Do for Your Unit		Returning! Advanced Dutch Oven Cooking (Entirely Outdoors)
Session THREE	11:00 - 12:00		Den Leader (& assistant) Training	303 Cubmaster (& assistant) Training		305 Blue and Gold	306 Mad Scientist!	Scoutmaster (& assistant) Training	What the Order of 308 the Arrow Can Do for Your Unit		Cooking
Session THREE	10:00 - 11:00 - 12:00	Den Chief Training (for YOUTH, some Outside so "be prepared")		Making Cub Scouts 303 Cubmaster (& Welcome assistant) Training		Building a Successful Cub Scout Recruitment Plan	Mad Scientist!		Roadmap to a 308 What the Order of the Arrow Can Do for Your Unit	Trail to Eagle	Returning! Advanced Dutch Oven Cooking (Entirely Outdoors)
Session TWO Session THREE	10:00 - 11:00 - 12:00			203     Making Cub Scouts     303     Cubmaster (& assistant) Training		Building a Successful Cub Scout Recruitment Plan	306 Mad Scientist!		208     Roadmap to a Stronger Troop     308     What the Order of the Arrow Can Do for Your Unit		210 Returning! Advanced Dutch Oven Cooking (Entirely Outdoors)
Session TWO Session THREE	10:00 - 11:00 - 12:00	Den Chief Training (for YOUTH, some Outside so "be prepared")	102 Den Leader (& assistant) Training	103       Whittling Chip       203       Making Cub Scouts       303       Cubmaster (& stant)         ifor Adults)       203       Welcome       303       assistant) Training	Pack Committee Training	Building a Successful Cub Scout Recruitment Plan	106 Den Leadership and Program Planning 306 Mad Scientist!	107 Scoutmaster (& assistant) Training	108         Webelos To Scout         208         Roadmap to a Stronger Troop         308         the Arrow Can Do for Your Unit	Trail to Eagle	Dutch Oven Cooking Basics 210 Returning! Advanced Dutch Oven Cooking (Entirely Outdoors)

			Thank ye	ou for comin	g and have a	great evenir	ng			
hics Orientation	What is Venturing?	Learn About Sea Scouting	Information on International Scouting		<b>New/</b> Kodiak and NAYLE Explained		Unit Tools at <i>my.</i> Scouting.org	<b>New!</b> What is Really Commissioner Service?	Aid	Session SIX 2:45 - 3:45
oor Et	612 VIRT	613	614		616		618	619	<b>First</b> (Cost)	
Returning! Outdoor Ethics Orientation	Integrating STEM into Scouting Programs	Let's Go Winter Camping!	Bicycle Touring, Local to International	Working with Adult Leaders (for YOUTH)	Working with Youth Leaders (for Adults)	Introduction to Shooting Sports	<mark>New/</mark> Tips and Updates in Scoutbook	Detailed Assessments and Unit Service Plan	Returning/ Wilderness & Remote First Aid (TWO DAYS, Outdoors, Extra Cost)	Session FIVE 1:45 - 2:45
511	512	513	514	515.1	515.2	517 VIRT	518 VIRT	519	turning (TWC	
Exploring the Patrol Method (for YOUTH)	Unit Advancement Chair Training	Ultra Light Backpacking		Conflict Management (for YOUTH)j	Venturing Advisor (& associate) Training	Mountaineering	Scoutbook Q&A	District Commissioner (& ADC) Training	Re	Session FOUR 12:45 - 1:45
411	412	413		415	116 VIRT cont	417	418 VIRT	419	120 F2F cont	
Оре	BRING YOUR OWN LUNCH 12:00-12:45 Open Forum Topics: Effective Fundraising for Your Unit; Scouts BSA Girl Troops; Venturing						ring	LUNCH		
nding Your Girl Troop	Eagle Boards of Review	Backpacking and amping for Women		Coaching and Mentoring (for YOUTH)		Winter Activity Safety		sp		HREE 2:00
Expandin Tr	Ш	Backpa Camping		Coach Meni (for Y	ing	Winter Act		Special Nee	Aid	Session THRE 11:00 - 12:00
<b>311</b> Expa	312 E	<b>313</b> Back Campi		315 Coac (for	) Training	317 Winter Act	ing	ıts with Special Nee	te First Aid a Cost)	Session Th 11:00 - 12
		313	enture Planning		nturing Advisor (& associate) Training	317	Unit Commissioner Training	219 Serving Scouts with Special Needs	<b>turning! Wilderness &amp; Remote First Aid</b> (TWO DAYS, Outdoors, Extra Cost)	Session TWO Session TH 10:00 - 11:00 11:00 - 12
Why NYLT? Youth Run Units!		0	High Adventure Planning	Time Management & 315 Goal Setting (for YOUTH)	Venturing Advisor (& associate) Training		Unit Commissioner Training		Returning! Wilderness & Remote First Aid (TWO DAYS, Outdoors, Extra Cost)	Session 1 11:00 - 1
211 Why NYLT? 311 Youth Run Units!	312	313	114 High Adventure Planning	Time Management &     315       215     Goal Setting (for YOUTH)	116 VIRT Venturing Advisor (& associate) Training	317	118 Unit Commissioner Training	219	120 Returning! Wilderness & Remote First Aid (TWO DAYS, Outdoors, Extra Cost)	Session TWO Session 1 10:00 - 11:00 1:00 - 1
Making First Aid REAL 211 Why NYLT? 311 311	Growing Scouts into Leaders 312	313 Backpacking 313	ening - Time	Running a Successful Crew Meeting (for Venturing YOUTH) 215 Goal Setting 315 (for YOUTH)	91 SIT I in OR in you	117 Crew Committee Training 317	85 NE classroo	119 Invisible Backpack 219		Session TWO Session 1 10:00 - 11:00 1:00 - 1

# Trash and Recycle have always been one of the challenges at Program and Training Conference. Please help us by planning on taking home what you bring with your lunch.

# A Scout is ... Helpful, ... Thrifty, ... Clean, ...

Revised 6/20/21

### **PROGRAM AND TRAINING CONFERENCE**

**CLASS DESCRIPTIONS** 

### SeattleBSA.org/PTC

### YOU HAVE OPTIONS:

- Classes with F2F (Face-to-Face) after the number can only be taken in person.
- Classes with VIRT (Virtual) after the number can only be taken online, but you may mix them with face-to-face classes if you bring your own laptop or device and headphones.
- All other classes are hybrid. They are planned to be taken in person, but may also be streamed on your own computer or device at home.

### Session ONE

**101 F2F – Den Chief Training (for YOUTH):** (3 sessions) One of the positions of responsibility a Scout can hold is Den Chief. This course is for current and future den chiefs. They will learn their duties in the Cub Scout program while learning the leadership, organization, and problem-solving skills needed for success. Additionally, they'll learn some food ideas you can use to help Den Leaders and make your patrol meals more interesting. Finally, games are a great way to help Den Leaders. The youth will play some games they can use with their Dens as well as take back to your troop.

102 - Den Leader (& assistant) Training: (4 sessions) Become Position Trained with this 4 session interactive training which covers the basics on the Cub Scout program, how to prepare for Den meetings and run a successful advancment program at the Den level.

103 – Whittling Chip (for Adults): (1 session) To whittle or not to whittle, that is the question. This class will show parents and leaders how to handle a knife safely, Whittling Chip requirements, and basic skills in an in-person and virtual environment. Have your pocket knife handy. For adults only.

**104 – Pack Committee Training:** (4 sessions) Become Position Trained with this 4 session interactive training which will help your Pack thrive with a strong Pack Committee! Objectives include defining the role of the Pack committee, makeup and functions of the Pack committee, recruiting leadership and volunteers, record keeping, and the Pack planning process.

### Do you know why our patch always includes ACT?

It is for the three major attributes of a successful unit: Advancement, Camping, and Training.

106 - Den Leadership and Program Planning: (1 session) Advance planning is the key to success in any venture, including Cub Scouting. We'll discuss scheduling, organizing, planning and budgeting activities; help your Scouts make progress toward rank advancement; and ensure everyone is having fun! We'll address working in concert with pack and committee leadership. Also, we'll discuss how to work as a Scouting team with parents and families, effectively sharing leadership to improve the quality of the den program.

107 – Scoutmaster (& assistant) Training: (6 sessions) This leaderspecific training is for Scoutmasters, Assistant Scoutmasters, and interested parents. Learn how a 'Scout-led' troop operates. Have confidence managing the Scoutmaster role. Learn about the resources available to ensure success. (Scoutmasters and assistants will also need Introduction to Outdoor Leader Skills to be trained.)

108 - Webelos to Scout Transition: (1 session) The last six to twelve months of Cub Scouting (Webelos). This class is designed for Commissioners, Webelos parents, Webelos leaders, and Cubmasters. It focuses on transitional issues and ways to ensure a seamless transition between programs.

109 – Trail to Eagle: (2 sessions) Join us for a lively presentation on how to navigate through the documents and requirements to become an Eagle Scout!



110 - Dutch Oven Cooking Basics (Entirely Outdoors): (1 session) Learn the basics required to cook with a Dutch Oven. Get recipes and resources.

111 – Making First Aid REAL: (1 session) Let's face it, First Aid merit badge training mostly focuses on sim-



ple skills like how to splint an arm or put on moleskin. Come learn techniques you can use to take your Scouts to a new level by actually teaching them how to handle emergencies. Leave with an outline, scenario descriptions, and supporting materials you can use to plan and conduct a First Aid 'disaster training' that will become your Scouts' favorite event.

112 – Growing Scouts into Leaders: (1 session) Just as we don't teach swimming by throwing a Scout off the end of the pier, but by building the skills needed; we have to teach leadership skills. Learn how to set the Scouts up for success by coaching and mentoring them in their leadership roles.

113 – Backpacking: (2 sessions) Backpacking and Camping for All. Hiking is an activity which can be enjoyed by all levels of the Scouting program. Discussion will include safety, gear, trip planning, and all the stuff you need to get your unit hiking

114 – High Adventure Planning: (2 sessions) Do you want to get your Troop or Crew "High-Adventure Ready"? This class will cover what High Adventure programming entails and offer examples of unit sponsored activities and National High Adventure camp opportunities.

### A Scout is ... Helpful, ... Thrifty, ... Clean, ...

Trash and Recycle have always been one of the challenges at Program and Training Conference. Please help us by taking home yours.

### Pack it In, Pack it Out ... PLEASE!

















115 - Running a Successful Crew Meeting (for Venturing YOUTH): (1 session) Learn about balancing business with fun at your meetings, and get ideas for opening ceremonies and activities

116 VIRT – Venturing Advisor (& associate) Training: (4 sessions) Learn about your role as a guide to young adults running a Crew. This is the position-specific training for all Crew Advisors and Associate Advisors. Appropriate for Crew Committee Members and parents as well.

117 – Crew Committee Training: (2 sessions) This leaderspecific training is for everyone on the Crew committee and parents (and is useful for Advisors and associates). It provides an overview of all the positions of the committee and how they contribute to the success of a Crew.

118 – Unit Commissioner Training: (3 sessions) Learn why we have commissioners, the basics to be effective, top priorities, and helping the unit succeed in delivering a quality Scouting program.

119 VIRT – Invisible Backpack - What Youth

Bring That You Might Not Know About: (1 session) Learn what youth are carrying in their daily lives and how you can identify problems to address, and the resources available to assist.

**120 F2F** – *Returning!* Wilderness and Remote First Aid (TWO days, Outdoors, Extra cost): (6 sessions) This 16-hour hands-on training (TWO DAYS) is designed to prepare

you to systematically deal with any accident or first aid emergency when you and your group are more than one hour away from Emergency Medical Services. Youth must be at least 14 years old. Come prepared to spend most of the class outdoors in fall weather. Bring a day pack with the ten essentials and a blue foam pad. To complete the class and be certified you need current CPR certification. There is an additional cost for Wilderness & Remote First Aid to cover the certification fee.

### Session TWO

203 – Making Cub Scouts Welcome: (1 session) The New Member Coordinator is a Cub Scout parent who helps new interested and joining families get informed about what is happening in the den and pack. While uniformed leaders are recognizable, new families can find them intimidating. Learn how your Pack can use the New Member Coordinator position to welcome and integrate new Parents and Scouts into your Pack family.

### **205 – Building a Successful Cub Scout Recruitment Plan:**

(1 session) Learn all about today's parents, "the Millennials," and how Scouting can fit into their family goals. Find out what successful Packs are doing to proactively recruit new Scouts. Explore the use of social media and experience-oriented Scouting events to give an unparalleled experience to attract new and retain current Cub Scout families.

### THANK YOU for the 2021 Program & Training Conference!

Bruce Anderson	Jo Mockford
Kevin Baker	West Niver
Bill Beaumont	Dori Ogami
Jon Campbell	Curtis Paris
Carol Cordray	Dale Rae
Jaimie Geisert	Kat Ressler
Chris Johnson	Bradley Roberts
Wendy McBride	Kris Taylor

Cub Scouts

Programs





"Wherever you go, no matter what the weather, always bring your own sunshine."

-Anthony J. D'Angelo

208 - Roadmap to a Stronger Troop: (1 session) Ensure your Troop is strong and thriving for years to come. Learn strategies for parent volunteer recruitment, planning, and how to leave a legacy for your next unit leaders.

### 210 - Returning! Advanced Dutch Oven Cooking

(Entirely Outdoors): (2 sessions) You've mastered chili and cornbread. Your chocolate cake with cherries is cooked, not burned. If you're ready for breads, stacking ovens and experimenting with lump charcoal this class if for you.

211 – Why NYLT? Youth Run Units!: (1 session) A panel of our outstanding NYLT youth leaders will field questions and give an overview of what occurs at NYLT and the benefits of sending your current and future unit leadership teams. And if you really want to ask adults questions, adult NYLT staff will be available as well.



### 215 - Time Management and Goal Setting (for

YOUTH): (1 session) Finding a successful time management strategy depends on each individual's personal ability to selfmotivate and level of self-discipline. This course introduces established methods for improving a youth's ability to effectively manage a daily timeline in his or her life. This is a required class for the Discovery Award.

219 – Serving Scouts with Special Needs: (2 sessions) This course will provide Commissioners and unit leaders with tips and ideas that promote inclusion of Scouts with disabilities, medical conditions, and aggressive or inattentive behaviors. Learn techniques on how to involve and manage youth to get better cooperation for smoothrunning meetings.

### **Session THREE**



**303 – Cubmaster (& assistant) Training:** (4 sessions) Become Position Trained with this 4 session interactive training which covers the basics on the Cub Scout program and your role in the Pack as a Cubmaster or Assistant Cubmaster. Participants will learn tactics on how to be a successful Cubmaster, the Cub Scout Advancement program, and the importance of a strong Pack Program.

**305** – Blue and Gold: (1 session) Come explore the possibilities for the birthday celebration of the Cub Scout program. celebration of the Cub Scout program.

306 - Mad Scientist!: (1 session) Out of your league with science and technology? Learn how to make science fun with some simple experiments.

### 308 – What the Order of the Arrow Can Do for

Your Unit: (1 session) The Order of the Arrow pro-

vides a venue for Scouts to further practice their leadership skills and to learn about the exciting activities from members of other Units. When they bring this practice and knowledge back to your Unit, you will benefit from improved youth leadership and new program ideas to excite your Scouts.













**WHY GO TO** WOOD BADGE OR NYLT?



Stronger units, stronger families, and stronger individuals at work, church, and play!

**311 – Expanding your Girl Troop:** (1 session) What you need to know to recruit and expand your troop for girls, beyond your daughter's brother's troop. Examples such as crossing over from various Cub Scout packs and bringing their friends into Troops. Additionally, strengthening their troop by recognizing the freedom the scouts can experience on their own.

**312 – Eagle Boards of Review:** (1 session) How is the Eagle Board of Review different from other Boards of Review? Find out what to expect during the Eagle Board of Review. Discussion will also include boards under disputed circumstances and appeals.

**313 – Backpacking & Camping for Women:** (1 session) This is an information sharing session on the ins and outs of backpacking and camping for women. All ages & experience levels are welcome. Learn from experienced female backpackers. The more ideas, the better.

Have you made plans for **SUMMER CAMP**?

No? It is time to make your reservation!

### 315 - Coaching and Mentoring (for YOUTH): (1 ses-

sion) Improve your understanding of how to mentor other members of the crew and appreciate the role mentoring plays in personal growth and leadership for both the mentee and mentor. This course must be completed before serving as a peer-mentor, and is a required for the Summit Award.



317 - Winter Activity Safety: (1 session) Learn the basics of avalanche safety, how to spot and avoid terrain hazards, and what to do when wild weather hits. Will also touch on the proper use of equipment and clothing. Great for everyone from experienced winter sports enthusiasts to beginners.

### **Lunch Forums**

Effective Fundraising for Your Unit: Featuring a panel of experts, discuss with other leaders regarding effective fundraising activities, as well as challenges, including Pop Corn and Tree Recycling.

Scouts BSA Girl Troops: Discuss with other leaders of Girl Units regarding what is working and what are their challenges.

Venturing: Come and meet with other Venturing Leaders from all over Council for this facilitated discussion. Network, get new ideas, brainstorm solutions to challenges and discuss best practice. Participants will have a chance to submit topics for discussion prior to class.



### Session FOUR

401 F2F – Drug & Alcohol Awareness for Scouts (for YOUTH: 2nd Class Reg): (1 session) This class fulfills the Second Class Requirement 7c: Participate in a school, community, or troop program on the dangers of using drugs, alcohol, and tobacco.

**405 – Cub Scout Derbies:** (1 session) Preparing and participating in Scout Derbies are lasting memories for youth even through adulthood. Learn about each of the derbies and how a Pack or District can put on a successful Pinewood Derby, Raingutter Regatta and/or Space Derby. Participants will discuss set up ideas, how to keep Scouts entertained, and how to manage expectations of winning by rewarding Scouts for doing their best. Participants will also learn what goes into a virtual derby and the value these offer to the Cub Scouting Program!

406 - Games, Games, & More Games! (for Adults): (2 sessions) Learn about, and play, some themed games! Includes gathering games, games that pair well with den meeting achievements, virtual games, and quiet games that Cub Scouts can play while they're waiting on field trips.

"Try to leave this world a little better than you found it."

-Robert Baden-Powell

408 - Troop Committee Training: (3 sessions) This leaderspecific training is for everyone on the Troop committee and parents (and is useful for Scoutmasters and assistants). It provides an overview of all the positions of the committee and how they contribute to the success of a Troop. The PLUS? Tips on how you can take this training back to your unit as a team-building training for YOUR committee.

409 – How Troops Successfully Grow: (1 session) How do troops create a culture of successfully growing? What they do, why they do it. Listen to what successful troops have done, and share



concerns and ideas. **411 – Explore the Patrol Method (for YOUTH):** (1 session) This class is what a New Scout Needs to Know! Discuss and experience

the Patrol Method for your Troop. Adults are welcome, but will be bumped for Scouts if needed. 412 - Unit Advancement Chair Training: (1 ses-



sion) Learn what it takes to be a good Advancement Chair for your unit, whether it be a pack, troop, crew, or ship

413 – Ultra Light Backpacking: (1 session) Discussion will include types of gear, places to find ultra-light gear, costs, and age appropriateness.

Continuous improvement is better than delayed perfection.

-Mark Twain

415 – Conflict Management (for YOUTH): (1 session) Even the most effective communicators experience conflict. This class will examine some common pitfalls, and practice ways to avoid them.

417 – Mountaineering: (1 session) Learn about Scout Mountaineering - climbing the Cascade Volcanoes.



418 VIRT – Scoutbook Q&A: (1 session) Here's your opportunity to get your questions about Scoutbook answered.

419 - District Commissioner (and ADC) Training: (1 session) Learn to be a more effective District Commissioner or Assistant District Commissioner, supporting Unit Commissioners as they help their units deliver a quality Scouting program.



















### **Session FIVE**

501 F2F - Scout Food (Entirely Outdoors): (1 session) Tired of seeing Scouts breaking out the 'top ramen' for dinner? Learn some food ideas you can use to help your Den Leader (for Den Chiefs) and make your menus more interesting.

502 – *New!* Den Discipline: (1 session) Reinforcement for Good Den Behavior, adjusting for active children. Decisions about meeting times, understanding medications, etc.





### Starting from Join Night: (1 session) Recruiting and retain-

ing Cub Scout leaders is vital to improving the quality and diversity of the program and growing the pack. Yet recruiting new leaders and retaining good leaders from year to year can be a challenge. This course will offer useful recruiting ideas and techniques to finding potential leadership talent within your pack, and for approaching and cultivating prospective volunteers starting at join night. This course will discuss encouraging volunteerism of all families, retention of quality adult leadership, including the importance of communicating with, and recognizing and rewarding successful adult leaders and volunteers.

505 - Cub Crafts: (1 session) Cub Scouts enjoy creating, even in a virtual environment. Get ideas involving crafts and wood-working you can use as you help your Cub Scouts advance. Class will also discuss tips and tricks for crafting during virtual meetings.

509 - Merit Badge Counselor Training: (1 session) Merit badges are a cornerstone of Advancement. Over the years, there 34 have been many changes in how merit badges are handled. Learn the latest National has to say on being an outstanding Merit Badge Counselor.

### 510 – Cooking & Menus in the Back & Front



Country: (1 session) Create balanced menus and inexpensive backcountry meals. Learn to dehydrate food, determine quantities, repackage, store, and prepare. Sample menus will be presented for weekend and week-long outings.

Nothing worthwhile was ever accomplished without the will to start, the enthusiasm to continue and, regardless of temporary obstacles, the persistence to complete

-Waite Phillips

**511** – *Returning!* Outdoor Ethics Orientation: (2 sessions) Qualifies participants to facilitate outdoor ethics activities required for their Scouts and Scouters to earn the Outdoor Ethics Awareness Award. Topics include the Outdoor Code, principles of Leave No Trace and Tread Lightly!, the Land Ethic, and the Outdoor Ethics Awareness and Action Awards program.

512 – Integrating STEM into Scouting Programs: (1 session) Our area is a hotbed of Science and Engineering. Learn



techniques to integrate STEM into your program to take advantage of local resource and attract new youth.

513 - Let's Go Winter Camping!: (1 session) Winter camping is a great way to keep the "Outing in Scouting" during our coldest season, whether that be car camping and traveling into the back country. Come join our classroom session to learn more about the proper clothing, nutrition, cooking, safety consideration, equipment, and logistics needed to keep your unit active and engaged throughout this season.



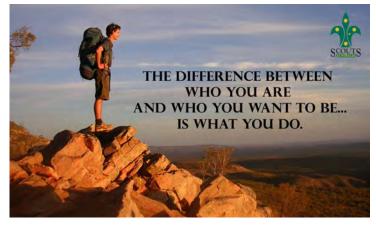
sion) Learn how to help your Scouts plan, prepare, and lead a high adventure bicycle tour. We'll cover route planning, gear, preparation, and logistics. Think Olympic Peninsula to Switzerland.

515.1 - Working with Adult Leaders (or Let Me Get Your Coffee!) (for YOUTH): (1 session) Ever wonder why Adults are so demanding? This class will let you see inside their heads, and help you to understand why they act the way they do. This 'tongue in cheek' class will look at the different ways youth and adults communicate, and how that can lead to misunderstandings or frustration. We will consider the generational characteristics of each group to see how we can leverage those to make effective leadership teams.

### 515.2 – Working with Youth Leaders (for Adults):



(1 session) It can be hard to step back as an adult leader and allow the chaos often associated with Youth Leadership. This class examines how to identify your Youth Leaders' strengths so that you can help them reach their full potential. This class will examine the difference between coaching and mentoring, and will discuss effective ways to communicate with teens.



517 VIRT – Introduction to Shooting Sports: (1 session) Learn about rifle, shotgun, muzzleloading, archery, and pistol shooting opportunities at the unit, district, and council levels, as well as certification and training opportunities for volunteers.

518 VIRT – New! Tips and Updates in Scoutbook: (1 session) Get help with getting the most out of Scoutbook and keeping up with changes.

519 – Detailed Assessments and Unit Service Plan: (1 session) Introduction to new digital tools available now from BSA with an emphasis on Commissioners' use of the tools to better serve their Units and Districts.



Programs















Many people think they could do much better if they only had the opportunity that they don't realize they already have.

-Waite Phillips

### Session SIX

601 F2F - Scout Games (for YOUTH): (1 session) Games are a great way to help your Patrol and Den Leaders (for Den Chiefs). Come play some easy to set-up games as well as some that take a little longer to prep. These games are those that you can use with your Den as well as Patrol/Troop meetings.

602 - Campfire Skits & Songs (Entirely Outdoors): (1 session) Campfires are at the heart of Scouting Tradition and Songs help demonstrate Scout Spirit. Explore how to plan and execute a memorable campfire program, in person or virtually, as well as how to integrate songs into meetings and other events. Learn tips and tricks for what to do when the weather goes bad and how to teach songs.

604 – New! Preventing Cub Leader Burnout: (1 session) Help on caring for great Cub Scout Volunteers (including yourself) so they stay great.

605 – What Every Cub Scout Leader Should Know About the District: (1 session) Are you curious about events that

happen outside of your Pack or how your Pack compares to others? Have you wondered how other local Den Leaders are teaching the same adventures you are? The District is a great way to build your network and your Pack's involvement in the community. The purpose of the District Committee is to support you, your pack and your den. This course covers what the District is and who makes up the District Committee. Learn about what happens at Roundtable and how attendance and participation in the District can benefit your Pack.

606 – Planning an Engaging Cub Scout Program: (1 session) Come and learn how a Pack can plan and budget a compelling and engaging year of Cub Scouting. From Annual Program Planning to monthly committee meetings, streamlining this process truly improves your Pack health.

610 - Cooking and Menus for Special Dietary Needs: (1 session) Learn how to prepare delicious meals the entire group can enjoy. This course will define a variety of special diets and food allergies, including gluten-free, dairy-free, vegan. We will cover safety precautions for food allergies, as well as simple substitutions. Sample menus will be presented for campouts and backpacking.

612 VIRT – What is Venturing?: (1 session) Curi-

ous about Venturing – the Scouting program for youth ages 14-20? Come check out this class and learn about Venturing - the Scouting program that opens the doors of limitless possibilities to all of our youth over 14 years old.

When your Scouts look back on their Scouting experiences, they should not say 'those were the best days of my life." Instead let them say 'today is the best day of my life because of the time I was in Scouts.'

613 – Learn About Sea Scouting: (1 session) This valuable session provides an overview of the Sea Scouting program; how it operates and where to find the active ships, and learn about fun and challenging activities your unit can do with ships. Participants will have the opportunity to visit a Sea Scout Ship at a later date.

Cub Scouts

614 – Information on International Scouting: (1 session) For almost as long as there has been Scouting, it has been international. Learn about some of the opportunities International Scouting offers our own Scouts.

616 – *New!* Kodiak and NAYLE Explained: (1

ences are about. Fun and interactive training.



ALL

"Trust is the glue that holds people together and is the lubricant that keeps an organization moving forward." —Colin Powell

618 - Unit Tools at my.Scouting.org: (1 session) This class will cover the Unit Tools at



my.Scouting.org, including membership, announcement, calendar, and training tools. If we have time we will work with you individually, so please bring your My.Scouting.org login and password.

619 - New! What is Really Commissioner Service?: (1 session) Learn what it really means to be an excellent commissioner, not everything is in the literature.













/outh



